

# OKINAWA MARINE

JULY 27, 2012

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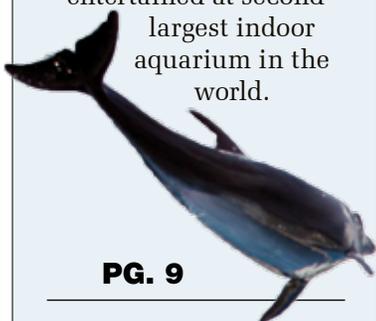
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## MV-22B Ospreys arrive in Iwakuni



An MV-22B Osprey aircraft with Marine Medium Helicopter Squadron 265 is unloaded from the cargo ship *Green Ridge* at Marine Corps Air Station Iwakuni July 23. This marks the first MV-22B Osprey aircraft deployment to Japan and a milestone in the Marine Corps' process of replacing CH-46E helicopters with the Osprey, a highly capable, tilt-rotor aircraft that combines the vertical capability of a helicopter with the speed and range of a fixed-wing aircraft. The MV-22B aircraft significantly strengthens U.S. ability to provide for the defense of Japan, perform humanitarian assistance and disaster relief operations, and to fulfill other alliance roles. *Photo by Lt. Col. David Griesmer*

see related story on pg 4

## US, ROK Marines begin artillery training

**Pfc. Anne K. Henry**  
OKINAWA MARINE STAFF

TONGHYEON-RI, Republic of Korea — Republic of Korea and U.S. Marines conducted a bilateral artillery live-fire July 18 in Tonghyeon-ri, Republic of Korea, during the Korean

Marine Exchange Program 12-7. The ROK Marines shot 50 artillery rounds from the K-55 self-propelled gun and then allowed the U.S. Marines to fire the remaining rounds.

"It has been a good experience so far," said Lance Cpl. John Palomino, a forward-observer with 12th Marine

Regiment, 3rd Marine Division, III Marine Expeditionary Force. "It has been great to get a better understanding of how things operate in the field and to work with the ROK Marines."

The goal of KMEP 12-7 is to enhance and improve combined capabilities of

see **ARTILLERY** pg 5

## 3rd Marines enhance ship-to-shore skills

**Air Force Staff Sgt. Michael Meares**  
DEFENSE MEDIA ACTIVITY — HAWAII NEWS BUREAU

MARINE CORPS BASE HAWAII — KANE'OHE BAY — Marines of Amphibious Assault Vehicle platoon, Combat Assault Company, 3rd Marine Regiment, returned to their expeditionary roots when they splashed in off the sands of Pyramid Rock during Rim of the Pacific Exercise 2012 (RIMPAC) to meet the USS Essex (LHD-2).

The purpose of the training exercise, July 12 at see **AMPHIBIOUS** pg 5



Marines of Assault Amphibious Vehicle platoon splashed in off the sands of Pyramid Rock beach to meet the USS Essex (LHD-2) off shore July 12 during Rim of the Pacific Exercise 2012. The platoon is part of Combat Assault Company, 3rd Marine Regiment, 3rd Marine Division, located at Marine Corps Base Hawaii - Kane'ohe Bay. *Photo by Air Force Staff Sgt. Michael Meares*

# DRIVING CAUTIOUSLY

## Defensive driving key to safety

Aaron Davis

For many military and civilian personnel, their first time traveling in a foreign country is the ride from the airport to the hotel. Immediately, one realizes that defensive, and in some instances, offensive driving techniques must be employed by the motor vehicle operator. From motor scooters weaving through traffic, to yellow caution lights appearing to encourage traffic to speed up, and five to 10 vehicles running red stop lights, a simple trip seems to be a dangerous gauntlet.

While the island is approximately 72 miles

long and 14 miles at its widest point, it has approximately 1 million vehicles and 50,000 motorcycles and scooters operating on its roadways. With this mass amount of traffic in such close proximity, it takes a skilled operator to navigate safely.

To obtain a U.S. Forces Japan Operator's Permit, the installation safety office administers a written exam, presents the drive safe video, and ensures completion of the proper paperwork.

Status of Forces Agreement drivers are automatically categorized as professional drivers by the government of Japan as soon as they obtain an operator's permit. Professional drivers are held to a higher level of competence than non-SOFA operators, and dependent on the situation, the SOFA member may be more liable in

an accident. While this is a big responsibility, it is very easy to prepare for your daily travels on the island.

Everyday when you wake up and turn on the light to get ready for your daily routine, you are implementing risk management. This carries over when you get in your vehicle and prepare to drive. Before leaving the parking lot, you think about your route and plan for the unexpected. To ensure your vehicle

doesn't break down along the side of the road, give your car a good walk-around inspection and ensure it is in good running condition. As you depart, ensure you are looking as far ahead as physically possible

while also paying attention to what is directly in front of you. This will allow you to anticipate actions of other vehicles, pedestrians and other moving and stationary objects and activities, such as construction.

Navigating the roadways and traffic on Okinawa is quite simple once you become accustomed to the local driving conditions. With prior planning and incorporating risk management into your daily travel plans, you are on your way to being successful in getting to and from your destination safely. By incorporating the above driving tips, your time here will be full of memorable adventures.

*Davis is the supervisory occupational safety and health specialist with the installation safety office at Camp Foster.*

**While the island is approximately 72 miles long and 14 miles at its widest point, it has approximately 1 million vehicles and 50,000 motorcycles and scooters operating on its roadways.**

## AROUND THE CORPS



Cpl. Joshua K. Naylor conducts medicine-ball pushups at Camp Leatherneck, Afghanistan, during a circuit course July 14. The course was designed to challenge the Marines mentally and physically. Naylor is a watch chief with Headquarters and Service Company, Combat Logistics Battalion 4, 1st Marine Logistics Group (Forward). Photo by Cpl. Mark Stroud



Commandant of the Marine Corps Gen. James F. Amos speaks to the Marines and sailors of Special-Purpose Marine Air-Ground Task Force Africa at Naval Air Station Sigonella, Italy, July 18. Amos along with the Sgt. Maj. of the Marine Corps Micheal P. Barrett visited the newly formed unit, which consists of more than 120 reservists from 32 different units and supports U.S. Africa Command by conducting security cooperation missions on the continent of Africa. Photo by Cpl. Adwin Esters



An assault amphibious vehicle suppresses targets on San Clemente Island off the coast of Southern California July 20. The AAV platoon practiced water gunnery, an advanced level of AAV gunnery, in preparation for the 15th MEU's upcoming deployment. The Marines are with AAV platoon, India Company, Battalion Landing Team 3rd Battalion, 5th Marines, 15th Marine Expeditionary Unit. Photo by Cpl. John Robbart III

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The editorial content of this newspaper is edited and approved by the Consolidated Public Affairs Office of Marine Corps Base Camp Smedley D. Butler.

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OKINAWA MARINE NEWSPAPER

H&S Battalion MCB PAO

Unit 35002

FPO AP 96373-5002

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# Glueck visits Marines training in Australia

Lance Cpl. Ian M. McMahon  
OKINAWA MARINE STAFF

ROBERTSON BARRACKS, NORTHERN TERRITORY, Australia — Marines with Marine Rotational Force–Darwin received a visit from III Marine Expeditionary Force Commanding General Lt. Gen. Kenneth J. Glueck at Robertson Barracks July 16.

MRF-D, which consists of Company F, 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, and various support personnel, is the result of a bilateral initiative between the U.S. and Australia to establish a rotational Marine presence in Australia, which was announced by Australian Prime Minister Julia Gillard and U.S. President Barack Obama in November 2011.

During Glueck's visit, the Marines were reminded just how crucial they are.

"We have mostly been focused in the northern Pacific," said Glueck. "The rotational force is important because it gives us a chance to demonstrate our commitment to the South Pacific."

During the general's two-day

visit he spoke directly with the Marines deployed to Australia and toured the area.

"I came to see the Marines of (the company), check on their welfare, and see what can be improved for the next deployment in the area," said Glueck.

After reviewing the Australian facilities being used by MRF-D, Glueck took time to brief the Marines on the quality of their work in Australia and communicate the importance of the rotational force.

"The success of this rotational force is because of the great work (the company) has done, and you are the proof of concept," said Glueck.

The general also met with Brigadier Fergus McLachlan, commander of the Australian Army's 1st Brigade, to discuss bilateral training planned for MRF-D and the Australian Army in the upcoming months.

"I believe as the rotational force concept matures, the U.S.-Australian alliance will grow and become stronger in the long run," said Glueck.

The initiatives of MRF-D have strengthened an already robust partnership that has created stability and peace in the Asia-Pacific



Lt. Gen. Kenneth J. Glueck speaks to the Marines of Marine Rotational Force–Darwin at Robertson Barracks July 16 during a visit to Australia. During his visit, Glueck also met with Brigadier Fergus McLachlan and toured the facilities currently being used by MRF-D. "(The Marines) have done an absolutely superb job being the leading edge of the rotational force and paving the road for the future in Southeast Asia," said Glueck. MRF-D consists of Company F, 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force, and various support personnel, and is scheduled to conduct training with the Australian Army near Darwin until late September. Glueck is the commanding general of III MEF. McLachlan is the commander of the Australian Army's 1st Brigade. Photo by Lance Cpl. Ian M. McMahon

region and reflect an enduring and visible commitment to the region, said Glueck.

Looking into the future, the general has high hopes for rotational force deployments.

"It's been a great opportunity for the Marines of (the company) to be able to come down here," said Glueck. "They've done an absolutely superb job being the leading edge of the rotational

force and paving the road for the future in Southeast Asia."

During the remaining months of its deployment to Australia, Company F will conduct bilateral martial arts training, small-unit operations and other combat training with various supporting elements, all in close cooperation with the Australian Army's 1st Brigade, based at Robertson Barracks.

## Common injuries easily avoided by attention to detail

Lance Cpl. Donald T. Peterson  
OKINAWA MARINE STAFF

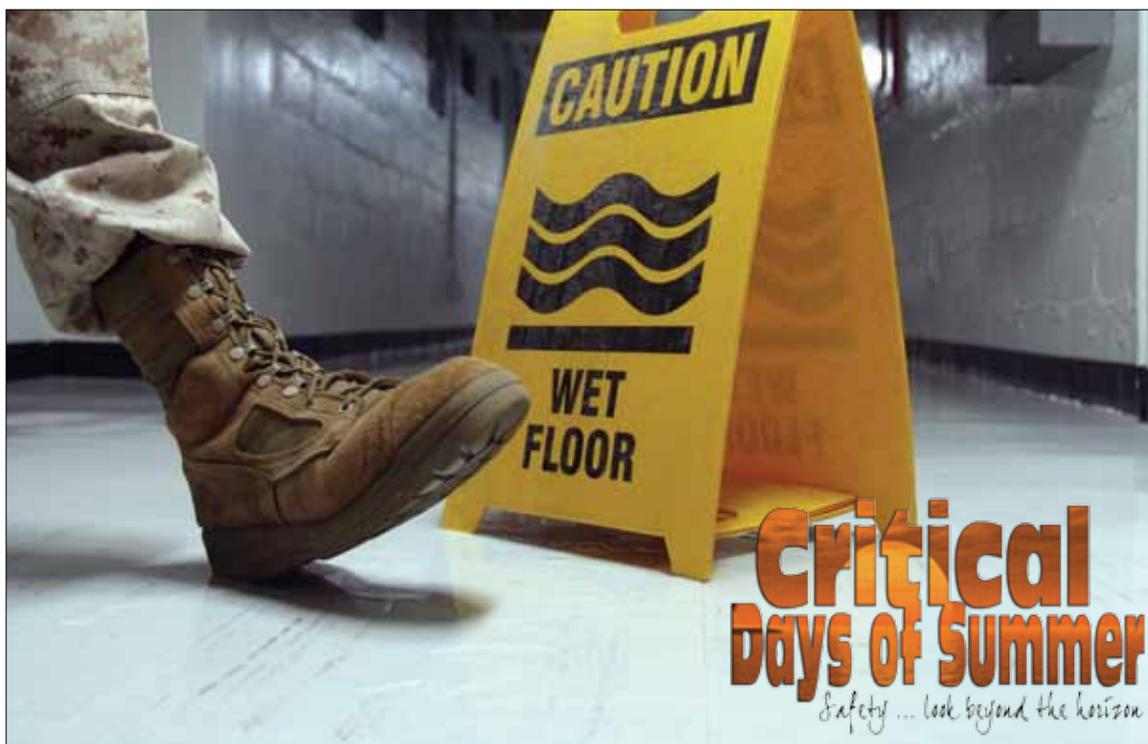
CAMP FOSTER — Slips, trips and falls can result in serious injuries impacting one's ability to do one's job. In the military, a serious injury affects more than just the individual service member. It can also impact the combat readiness of the entire unit.

Common causes of slips, trips and falls are wet floors, miscellaneous objects laying on the floor, and people not paying attention, said Petty Officer 2nd Class Jennifer L. Bell, a corpsman at Evans Branch Medical Clinic at Camp Foster.

"If you work in an environment that is usually wet or damp, be sure to wear slip resistant shoes," Bell said. "Maintaining a clean working and personal area at all times also helps reduce the presence of trip hazards."

There are many factors that cause slips and falls such as grease, oil, loose carpeting and cracks in concrete. However, horseplay at work or in the barracks is another source of injuries.

"There has been a significant number of Marines in the past couple of years who sustain



Common causes of slips, trips and falls are wet floors, miscellaneous objects laying on the floor, and people not paying attention. Signs like the one above are placed in areas where people need to be extra cautious. This is one of the many ways to help prevent injuries from slips, trips and falls.

Photo illustration by Lance Cpl. Donald T. Peterson

injuries from falling down stairs in the barracks," said Bell. "If they take their time instead of running up the stairs, and pay attention to where they are stepping, a lot of these incidents can be prevented."

According to the installation safety office at Camp Foster, slips, trips and falls can be

prevented by keeping floors clean and dry, providing warning signs for wet floors, keeping exits clear of obstructions, and eliminating uneven floor surfaces.

For more information on preventative measures against slips, trips and falls, contact the installation safety office.

**Critical Days of Summer**  
Safety ... look beyond the horizon

## BRIEFS

## MEDICATION TAKE BACK DAY

Turn in unused or expired medication for safe disposal July 28 from 9 a.m. to 6 p.m. at the Camp Foster exchange and commissary.

For more information or questions, please call 643-7547.

## HYDRATE MORE DURING PREGNANCY

The staff at the U.S. Naval Hospital Okinawa would like to remind all expecting moms the weather is hot, and the need for carefully maintaining an adequate level of hydration is becoming even more important. Consuming at least one gallon of water per day is recommended for expecting mothers.

For questions, please call USNHO Labor and Delivery at 643-7749 or 643-7597.

## POWER AND WATER OUTAGES

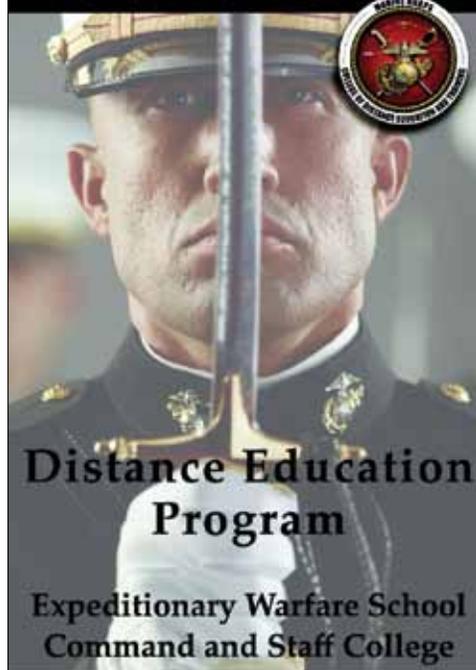
Buildings at Camps Foster and Lester and Plaza Housing will be experiencing power and water outages throughout the summer due to scheduled preventive maintenance and occasional construction.

For the listing of scheduled outages, contact Camp Services at 645-0883 or visit [www.facebook.com/campfoster](http://www.facebook.com/campfoster).

## SUMMER GATE CLOSURES

Gate 1B, the Sergeant Major gate at Camp Foster, and Gate 2 at Camp Lester will be closed for the rest of the summer.

For more information, contact Camp Services at 645-0883.

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**TO SUBMIT A BRIEF,** send an email to [okinawamarine.mcbb.fct@usmc.mil](mailto:okinawamarine.mcbb.fct@usmc.mil), or fax your request to 645-3803. The deadline for submitting a brief is noon Friday. Okinawa Marine reserves the right to edit all submitted material.

## Arrival marks significant step

Lance Cpl. Benjamin Pryer

MARINE CORPS AIR STATION IWAKUNI

IWAKUNI, Japan — Twelve MV-22B Osprey tiltrotor aircraft were off-loaded from a civilian cargo ship at Marine Corps Air Station Iwakuni, Japan, July 23. This marks the first deployment of the MV-22B to Japan.

The aircraft will be stationed aboard Marine Corps Air Station Futenma in Okinawa, Japan, as part of 1st Marine Aircraft Wing, III Marine Expeditionary Force.

MCAS Iwakuni features both an airfield and a port facility, making it a safe and operationally feasible location to offload the aircraft. The offload was closely coordinated with the government of Japan.

"We are obviously pleased to demonstrate the capacity of this colocated, deep-water harbor and aerial port of operations," said Col. James C. Stewart, commanding officer of Marine Corps Air Station Iwakuni. "It clearly highlights Iwakuni's position as a logistical lynchpin in the strategic alliance between the U.S. and Japan here in the Western Pacific."

Marines will prepare the aircraft for flight after its 5000-mile journey aboard the civilian cargo ship Green Ridge. However, the MV-22B Ospreys will not conduct functional check flights until the results of safety investigations are presented to the government of Japan and the safety of flight operations is confirmed. Following safety confirmation and functional check flights, the Ospreys will



Newly delivered Marine Medium Helicopter Squadron 265 MV-22B Osprey tiltrotor aircraft sit on the flight line after being moved from the cargo ship Green Ridge July 23. Photo by Sgt. Daniel Brown

fly to their new home aboard MCAS Futenma.

Groups opposed to the MV-22 deployment in Japan have demonstrated in Okinawa and Iwakuni. Recognizing the concerns of Japanese citizens led U.S. and Japanese officials to ensure safety of flight operations is confirmed before Ospreys fly in Japan.

Deployment of the MV-22 Osprey to Japan marks a significant step forward in modernization of Marine Corps aircraft here in support of the U.S.-Japan Security Alliance. Throughout the Marine Corps, Ospreys have been replacing CH-46 Sea Knight helicopters, which made their debut during the Vietnam era.

The Osprey is a revolutionary and highly capable aircraft with an excellent operational safety record. It combines the vertical capability of a helicopter with the speed and range of

a fixed-wing aircraft.

The Osprey's capabilities will significantly strengthen the Marine Corps' ability to provide for the defense of Japan, perform humanitarian assistance and disaster relief operations, and fulfill other alliance roles.

The Osprey has assisted in humanitarian operations in Haiti, participated in the recovery of a downed U.S. pilot in Libya, supported combat operations in Iraq and Afghanistan, and has conducted multiple Marine expeditionary unit deployments.

As of April 11, 2012, the Osprey has flown more than 115,000 flight hours, with approximately one third of the total hours flown during the past two years.

A second squadron of 12 aircraft is scheduled to arrive at MCAS Futenma during the summer of 2013.



A Marine uses a utility tractor to guide an MV-22B Osprey to an aircraft parking area at Marine Corps Air Station Iwakuni July 23. The Marine is with Medium Helicopter Squadron 265, 1st Marine Aircraft Wing, III Marine Expeditionary Force. Photo by Sgt. Daniel Brown

## Marines lend hand during festival



**Left:** Lance Cpl. Robert E. Potz cleans up the park during the 35th Annual Tedako Festival in Urasoe International Park July 21. More than 50 Marines and sailors assisted in keeping the grounds clean during the two-day festival. Volunteering in the community is a simple way to become a friendly neighbor. "The volunteers demonstrated our neighborly respect and showed the appreciation we have for the community," said U.S. Navy Lt. Kevan Q. Lim, the coordinator of the clean-up event and the chaplain of Combat Logistics Regiment 37. Potz is a finance technician with CLR-37, 3rd Marine Logistics Group, III Marine Expeditionary Force. **Below:** A young eisa dancer pauses during the Tedako Festival July 21. Eisa dancing is derived from a Buddhist prayer dance to send ancestors off to the afterlife and is commonly performed at Okinawa festivals. Photo by Lance Cpl. Kasey Peacock



## Camp Fuji welcomes Wilson



Wilson



Johnson

**Col. Blake M. Wilson assumed command of Combined Arms Training Center Camp Fuji from Col. Anthony J. Johnson during a ceremony at Camp Fuji, Japan, July 20. Johnson commanded the center since June 2011 and will be retiring and transferring to the fleet Marine Corps reserves. Wilson's previous assignment was as the ground colonels monitor, Headquarters Marine Corps, Quantico, Va.**

### AMPHIBIOUS from pg 1

Marine Corps Base Hawaii- Kane'ohe Bay, was to increase the proficiency of ship-to-shore maneuvers and fall in line with the Marine Corps commandant's emphasis of getting Marines back to their amphibious roots.

"Our bread and butter is being able to carry infantry to shore," said U.S. Marine 2nd Lt. Kyle Durant, amphibious vehicle platoon commander. "When we get the opportunity to actually have a ship, it's priceless training."

As each vehicle left the beach, it crashed through the waves, sending a wall of water skyward. The USS Essex sat off the coast waiting to accept the vehicles.

The water movement in the amphibious vehicles took on an extra element for the assault company Marines as Australian Army Capt. Ken Semmens, a cavalry officer of Townsville, Queensland, embedded with the Marine Corps unit for RIMPAC.

"U.S. Marines are renowned worldwide for their expeditionary capabilities," Semmens said. "It is a fantastic experience to partner with another military, especially with an extremely capable vehicle operated by extremely capable personnel."

This was the first amphibious assault for the Australian. He made note that a lot of the tactics are the same for the different countries' services, but the exposure to the mission planning and the amphibious capabilities (which he said Australia is currently developing) is invaluable to him.

Durant agreed.

"We have (much) in common with the tactics," he said. "But, we still learn from each other. It's nice to have another armor officer who has deployment experience."

RIMPAC, the largest international maritime exercise in the waters around the Hawaiian Islands, involves 22 nations, more than 40 ships and submarines, more than 40 aircraft and 25,000 personnel participating in the exercise from June 29 to Aug. 3. The exercise provides a unique training opportunity that helps participants foster and sustain the cooperative relationships that are critical to ensuring the safety of sea lanes and security on the world's oceans.

### ARTILLERY from pg 1

both the ROK and U.S. Marine Corps forces.

"I think this exercise is a great thing," said Lance Cpl. See Heun Woo, a translator with 8th Artillery Battalion, 2nd ROK Marine Division. "The U.S. Marines and the ROK military are learning from each other during this exercise. We get an opportunity that doesn't come around that often. We get to interact with U.S. Marines by sharing our cultures and finding a common ground."

Bilateral training improves the interoperability of military forces. It provides service members with knowledge and experience from another culture that operates differently than their own.

"Today was an excellent opportunity for the Marines," said U.S. Marine 1st Lt. David Lee, a fire direction controller and interpreter with 12th Marines. "The Marines get to learn the culture and receive training. It's not every day that they would receive this opportunity."

The exercise is scheduled to continue until Aug. 14 and will include weapons training at small-arms and machine-gun ranges, combined-arms training and regimental command and control training.



**Republic of Korea Marines fire an artillery round from a K-55 self-propelled gun July 18 in Tonghyeon-ri, Republic of Korea, during the Korean Marine Exchange Program 12-7. The purpose of KMEP 12-7 is to enhance the combined capabilities of both the U.S. and ROK Marine Corps. The ROK Marines are with 8th Artillery Battalion, 2nd ROK Marine Division. The U.S. Marines are with 12th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force.** Photo by Pfc. Anne K. Henry



**Left: A Marine with 2nd Battalion, 3rd Marine Regiment, which is currently deployed to Okinawa under the unit deployment program, views a map of the jungle he is navigating through. Below: Lance Cpl. Matthew J. Vito radios-in the coordinates of his fire team's first objective during land navigation training at Camp Gosalves July 24. Vito is an anti-tank missileman with the battalion.**



# Infantrymen traverse through Okinawa jungle

Story and photos by Lance Cpl. Matthew Manning

OKINAWA MARINE STAFF

**W**ith sweat streaming down his face and into his eyes, the Marine carefully pinpoints his team's location and accurately guides it to its next objective.

More than 60 Marines and sailors with 2nd Battalion, 3rd Marine Regiment, 3rd Marine Division, took part in land navigation training at Camp Gosalves July 24-27.

The unit is in Okinawa under the unit deployment program. The commandant of the Marine Corps established the UDP in October 1977 to provide for the deployment of units to the Western Pacific for periods of approximately six months to reduce the number of unaccompanied tours and improve unit continuity.

"This unit deployment program gives us the unique opportunity to train at the Jungle Warfare Training Center, which other units stateside do not have," said 1st Lt. Trevor A. Miller, a platoon commander with the battalion. "This is the first big training evolution we have done on Okinawa. Land navigation is an essential skill for infantry, and we pride ourselves in being proficient in it."

Land navigation is a perishable skill and requires consistent training in

various environments, according to Miller.

"(This course) is harder to navigate than any I have done in the past," said Lance Cpl. Matthew J. Vito, an anti-tank missileman with the battalion. "The terrain is thick the whole way. You cannot follow any paths because any paths you find will lead you to the road or deeper into the jungle. If you want to find your objective, you will have to go through brush and navigate steep slopes."

The jungle terrain proved to be both physically demanding and threatening to navigate, according to Seaman Conlin N. Bartow, a corpsman with the battalion.

"If you lose your footing and injure your leg or ankle, it is going to be very difficult to get out of the dense vegetation," said Bartow. "We found ourselves having to move from tree to tree, staying low and sometimes sliding down the hill. Scaling the hills often required sending our best climber up with the rope and then throwing the rope down for others to climb up."

While current operations require knowledge of desert terrain, knowing how to operate in the jungle is valuable for all service members, according to Miller.

"We never know where we will be required to fight next, so we need to be able to fight anywhere," said Miller. "Performing land navigation in this environment is part of that."

**Lance Cpl. Brent R. Cole, left, and Lance Cpl. Shawn S. Mullen, right, work together to identify where their squad is during land navigation training at Camp Gosalves July 24.**

**Cole and Mullen are anti-tank missilemen with 2nd Battalion, 3rd Marine Regiment currently deployed to Okinawa under the unit deployment program.**



# AND NAVIGATION



Left: Lance Cpl. Shawn S. Mullen uses a stick to point in the direction his fire team needs to walk to find its next objective during land navigation training at Camp Gonsalves July 24. Mullen is an anti-tank missileman with 2nd Battalion, 3rd Marine Regiment, which is currently deployed to Okinawa under the unit deployment program.



Above: Lance Cpl. Brent R. Cole determines his next azimuth using a protractor during land navigation training at Camp Gonsalves July 24. Cole is an anti-tank missileman with 2nd Battalion, 3rd Marine Regiment, which is currently deployed to Okinawa under the unit deployment program. Below: Lance Cpl. Matthew J. Vito traverses a rope bridge to cross a ravine during land navigation operation training at Camp Gonsalves July 24. Vito is an anti-tank missileman with the battalion. The Marines spent four days finding check points and traveling through the jungle of Okinawa.



# Marines, sailors acquire precious life-saving skills

**Lance Cpl. Matthew Manning**  
OKINAWA MARINE STAFF

Life is precious, and Marines and sailors with III Marine Expeditionary Force kept that in mind while taking the basic life-support course at Camp Hansen July 16.

The course taught service members with Marine Wing Support Squadron 172 and 3rd Medical Battalion the proper steps to take if they come across an unconscious individual.

"We taught basic lifesaving skills for cardiac arrest," said Seaman Michael A. Caballero, the head BLS instructor for the battalion, part of Combat Logistics Regiment 35, 3rd Marine Logistics Group, III MEF. "They learned how to properly compress the chest and give air to an unresponsive victim."

The service members also learned the differences

in providing aid for adults, children and infants.

"There are some differences in resuscitating an adult and an infant," said Caballero. "The main difference between adults and infants are the rate and depth you perform chest compressions to the victim."

Some tools the service members learned to utilize while giving aid were pocket masks, bag-mouth masks and automated external defibrillators, according to Seaman Innocenty U. Loon, a student in the course and a corpsman with the battalion.

"The pocket mask gives the ability to provide air to the victim without having the direct mouth-to-mouth contact," said Loon. "Bag-mouth masks are usually carried by paramedics or used in hospitals, but it is still good for those taking this course to learn how to use it."

Learning to use a defibrillator is simple, according to Chief Warrant Officer Darryl L. Ellis, an explosive ordnance disposal officer with MWSS-172, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III MEF.

"Once it is opened, an automated voice will take you through each step, telling you where to place the pads as well as what buttons you need to press and when," said Ellis.

Knowing how to operate a defibrillator could be the determining factor in saving someone's life, according to Loon.

"We try to provide our Marines with as many medical courses as possible," said Ellis. "We train to respond to any medical situation, which may arise when we are on the scene for explosive threats."

Everyone should take this course because of the valuable information



**Chief Warrant Officer Darryl L. Ellis practices using a bag-mouth mask during the basic life-support course at Camp Hansen July 16. The course teaches basic skills for keeping victims of cardiac arrest alive. Ellis is an explosive ordnance disposal officer with Marine Wing Support Squadron 172, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force.** Photo by Lance Cpl. Matthew Manning

gained for combat and garrison, according to Ellis.

The course is available to all military and

government contractors on Okinawa, according to Caballero. For more information, call 623-7733.

# Marines swim through challenging water-rescue course

**Lance Cpl. Donald T. Peterson**  
OKINAWA MARINE STAFF

As the swimmer begins to panic, as if he is drowning, a Marine vigorously swims across the pool to perform the rescue procedures he just learned.

The Marine, and students like him, learned the rescue procedures during the Marine survival advanced course at the Marine Corps Air Station Futenma 25-meter pool July 16-20.

"The purpose of the Marine survival advanced course is to teach Marines how to save a drowning person," said Staff Sgt. Marques J. Johnson, a chief Marine Corps instructor of water survival for the Marine survival advanced course, and tactical air defense controller with Marine Air Control Squadron 4, Marine Air Control Group 18, 1st Marine Aircraft Wing, III Marine Expeditionary Force. "By the end of the training, we hope to instill confidence in the Marines to not hesitate to save someone if they're drowning."

The Marine survival advanced course is a weeklong course of rigorous water training and rescue maneuvers.



**Lance Cpl. Keegan L. Cooley performs the armpit tow, one of three rescue swimming techniques, on Staff Sgt. Marques J. Johnson, during a Marine survival advanced course at the Marine Corps Air Station Futenma pool July 20. Cooley is a data system technician with Marine Air Control Squadron 4, Marine Air Control Group 18, 1st Marine Aircraft Wing, III Marine Expeditionary Force, and Johnson is a tactical air defense controller with the squadron.** Photo by Lance Cpl. Donald T. Peterson

"This course is the hardest thing I have ever done in my life," said Pfc. Bryan Garcia, a student at the course and a motor vehicle operator with Marine Aviation Logistics Squadron 36, Marine Aircraft Group 36, 1st MAW, III MEF.

The students taking the course started each day with a 500- to 1000- meter free-style swim.

"Sometimes the students have (the Marine Corps combat utility uniform) on and strip off a layer

of clothing every lap until they are just in their physical training shorts," said Johnson.

Next, the Marines practice underwater swimming or brick training, which is when the students swim while carrying bricks. The Marines then begin rescue practices.

"During the first few days of training, we teach the proper rescue motions to save a drowning person," said Johnson. "Then,

when we think they have the technique down, we start practical application. The person they have to rescue is an instructor wearing full (Marine Corps combat utility uniform), flak, helmet and carrying a rifle."

The day usually ends with water aerobics and a massive physical training session of different swimming styles, such as U-boats, which is when one lays on one's back with feet out of the water and swims by pushing the water behind them with their hands.

"When I first came here, I thought (I) was just getting another swim qualification," said Garcia. "I used to swim competitively before joining the Marine Corps, so I didn't think it was going to be that hard, but it was definitely a challenge."

The time and effort put into the course is beneficial not only for the Marines participating but also for those planning to improve their water-survival skills in the future.

"I would recommend anyone planning to take this course to train for it first," said Johnson. "Spend a week or two in the pool, practicing frog kicks and swimming techniques, and come prepared for a workout."

# View from below

Marines and sailors enjoyed the sight of whale sharks, manta rays and other aquatic sea life during a trip to the Okinawa Churaumi Aquarium July 24. The service members are with Headquarters and Service Battalion, Marine Corps Base Camp Butler, Marine Corps Installations Pacific.

## Service members experience deep-sea life

Story and photo by Lance Cpl. Jose D. Lujano  
OKINAWA MARINE STAFF

Marines and sailors experienced a bit of Okinawa's aquatic sea life during a trip to the Okinawa Churaumi Aquarium July 24.

The Headquarters and Service Battalion, Marine Corps Base Camp Butler, Marine Corps Installations Pacific, family readiness office organized the event for the service members.

"The purpose of the event was to boost the morale of the Marines and sailors, as well as to experience what Okinawa has to offer," said Rebekah M. Redifer, the family readiness officer with the battalion.

A large number of aquatic life forms can be found in Okinawa's azure waters. During the trip, service members were able to witness a variety of these creatures at the aquarium.

"I usually keep a routine schedule, but breaking out of that routine through events such as today was a wonderful experience," said Lance Cpl. Chi V. Nguyen, a combat camera production specialist with the battalion.

The aquarium provides a wide range of displays and shows that enhance the service member's knowledge of sea life.

"The Okinawa seas are home to numerous sea creatures whose ecology is beyond my wildest imagination," said Lance Cpl. Alden Strodder Jr., an air cell clerk with the battalion.

For some visitors, the aquarium increases their curiosity of what lies beneath the surface.

"The exhibits and shows at Churaumi grab the visitor's attention," said Nguyen. "They make me want to go to the beach, journey down into the deep-sea world, and experience the Okinawa aquatic life."

The vivid imagery one receives at the aquarium is similar to scuba diving in Okinawa's depths.

"Today was definitely an opportunity to go and see the many kinds of aquatic life you may not be able to see in other places of the world," said Redifer. "Okinawa gives you that great opportunity."

The event gave the service members an opportunity to see the beauty of the sea and its precious value through the aquarium's exhibits.

"We are here to support the service members and families," said Redifer. "We are here to boost morale and experience new adventures."

# Marine keeps patrols moving, earns nickname

Story and photos by Cpl. Mark Stroud

OKINAWA MARINE STAFF

Flat tires, blown transmissions and even vehicle accidents are common occurrences in the harsh environment of a war zone. The wrecker section of Combat Logistics Battalion 4, 1st Marine Logistics Group (Forward) has the responsibility to maintain convoy momentum when things go wrong.

Cpl. Adam R. Tornatore, a 26-year-old native of Syracuse, N.Y., is one of the battalion's



**Cpl. Adam R. Tornatore examines the engine of a mine-resistant ambush-protected vehicle at Forward Operating Base Zbrugge, Helmand province, Afghanistan, July 11. The vehicle suffered engine problems during the patrol, and it needed to be recovered on site.**

wrecker operators tasked with ensuring each vehicle in the convoy makes it to its destination.

Tornatore's technical expertise and ability to manage the stress and responsibility of such an important billet are the reasons that he earned his nickname, "Duty Expert."

"Tornatore has been called upon to recover 80 vehicles so far," said Staff Sgt. Brendan H. Chamburs, a company gunnery sergeant with CLB-4. "He has built a reputation for being the 'go-to' Marine for unique and difficult recoveries."

Tornatore has used his extensive mechanical knowledge to conduct field repairs on vehicles and mine rollers, according to Chamburs.

"When the battalion was in Korea (for training), I was in wrecker school," said Tornatore. "I asked every question I could think of, and I learned everything I possibly could. This is not a duty you want to take lightly because of how crucial it is."

The wrecker operator billet and responsibility that goes with it suits Tornatore well.

"I love this job. (Motor transport) was fun, but as a wrecker operator you are more of an asset to the convoy," said Tornatore.

Tornatore appreciates the chance to be in the center of the action.

"I like being 'boots-on-the-ground' and seeing what happened (to the downed vehicle) and where it happened," added Tornatore. "Every once in a while you get small stuff like a downed mine roller that is generally the same every time, but once you get into battle-damaged trucks, it is different every time."

This experienced wrecker operator believes that the unique challenge presented by each vehicle he recovers is another part of the job's appeal.

"Everything comes into play when figuring out how to recover a vehicle," said



**Cpl. Adam R. Tornatore rigs a mine-resistant ambush-protected vehicle for tow following a combat logistics patrol to Combat Outpost Shir Ghazay, Helmand province, Afghanistan, July 3. Tornatore has established a reputation as one of the battalion's duty experts on vehicle recoveries.**

Tornatore. "The time of day, available light, the environment you are operating in, your security posture, and the presence of choke points or possible ambush spots all help determine how you approach the recovery."

The condition of the vehicle and the nature of the damage also play a large role in determining how wreckers go about the recovery, said Tornatore.

"Successfully recovering the vehicle relies on your knowledge of everything about your equipment inside and out," said Tornatore. "You need to know your lift capacity, whether you can recover the asset with one wrecker, or if you need a second wrecker to help. You also need to use common sense and creativity to figure out the best way to recover the (vehicle)."

All of these factors must be taken into consideration to recover a vehicle safely in dangerous operating environments.

"Making sure we maximize the safety of (the) Marines is (the) most important thing, especially in the areas we operate," said Tornatore.



**The Logistics Vehicle System Replacement Mark-15 Recovery Vehicle, manned by Cpl. Adam R. Tornatore, patrols near Sangin, Helmand province, Afghanistan, July 11. The vehicle provides the heavy-lift capability to help recover stuck or damaged vehicles. Tornatore is a wrecker operator with Combat Logistics Battalion 4, 1st Marine Logistics Group (Forward).**

# In Theaters Now

**JULY 27 - AUGUST 2**

## FOSTER

**TODAY** Ice Age: Continental Drift (PG), 6 p.m.; Madea's Witness Protection (PG13), 9 p.m.  
**SATURDAY** Men In Black 3 (PG13), noon; Dark Shadows (PG13), 3 p.m.; Madea's Witness Protection (PG13), 6 p.m.; Chernobyl Diaries (R), 9 p.m.  
**SUNDAY** The Dark Knight Rises (PG13), noon, 4 and 8 p.m.  
**MONDAY** Battleship (PG13), 3 p.m.; Savages (R), 7 p.m.  
**TUESDAY** Savages (R), 7 p.m.  
**WEDNESDAY** The Avengers (PG13), 7 p.m.  
**THURSDAY** The Dark Knight Rises (PG13), 3 and 7 p.m.

## KADENA

**TODAY** Men In Black 3 (PG13), 6 p.m.; Chernobyl Diaries (R), 9 p.m.  
**SATURDAY** Ice Age: Continental Drift (PG), noon, 3 and 6 p.m.; Men In Black 3 (PG13), 9 p.m.  
**SUNDAY** Ice Age: Continental Drift (PG), 1, 4 and 7 p.m.  
**MONDAY** Ice Age: Continental Drift (PG), 3 and 7 p.m.  
**TUESDAY** Ice Age: Continental Drift (PG), 3 p.m.; The Amazing Spider-Man (PG13), 7 p.m.  
**WEDNESDAY** Men In Black 3 (PG13), 7 p.m.  
**THURSDAY** Chernobyl Diaries (R), 7 p.m.

## COURTNEY

**TODAY** The Dark Knight Rises (PG13), 1:30, 5:30 and 9:30 p.m.  
**SATURDAY** The Dictator (R), 6 p.m.  
**SUNDAY** The Amazing Spider-Man (PG13), 2 and 6 p.m.  
**MONDAY** Think Like a Man (PG13), 7 p.m.  
**TUESDAY** Closed  
**WEDNESDAY** Savages (R), 7 p.m.  
**THURSDAY** Closed

## FUTENMA

**TODAY** Battleship (PG13), 6:30 p.m.  
**SATURDAY** The Dark Knight Rises (PG13), 11:30 a.m., 3:30 and 7:30 p.m.  
**SUNDAY** The Dictator (R), 4 p.m.; Battleship (PG13), 7 p.m.  
**MONDAY** The Amazing Spider-Man (PG13), 6:30 p.m.  
**TUESDAY-THURSDAY** Closed

## KINSER

**TODAY** Chernobyl Diaries (R), 6:30 p.m.  
**SATURDAY** Men In Black 3 (PG13), 3 p.m.; Chernobyl Diaries (R), 6:30 p.m.  
**SUNDAY** Men In Black 3 (PG13), 3 p.m.; Chernobyl Diaries (R), 6:30 p.m.  
**MONDAY** Closed  
**TUESDAY** Closed  
**WEDNESDAY** The Dark Knight Rises (PG13), 2 and 6:30 p.m.  
**THURSDAY** The Amazing Spider-Man (PG13), 6:30 p.m.

## HANSEN

**TODAY** Savages (R), 7 p.m.  
**SATURDAY** The Amazing Spider-Man (PG13), 6 and 9 p.m.  
**SUNDAY** Savages (R), 2 and 5:30 p.m.  
**MONDAY** The Dark Knight Rises (PG13), 3 and 7 p.m.  
**TUESDAY** The Dark Knight Rises (PG13), 7 p.m.  
**WEDNESDAY** Men In Black 3 (PG13), 7 p.m.  
**THURSDAY** Chernobyl Diaries (R), 7 p.m.

## SCHWAB

**TODAY** The Amazing Spider-Man (PG13), 5 and 8 p.m.  
**SATURDAY** Savages (R), 5 and 8 p.m.  
**SUNDAY** The Dictator (R), 5 and 8 p.m.  
**MONDAY-THURSDAY** Closed

## THEATER DIRECTORY

**CAMP FOSTER** 645-3465  
**KADENA AIR BASE** 634-1869  
 (USO NIGHT) 632-8781  
**MCAS FUTENMA** 636-3890  
 (USO NIGHT) 636-2113  
**CAMP COURTNEY** 622-9616  
**CAMP HANSEN** 623-4564  
 (USO NIGHT) 623-5011  
**CAMP KINSER** 637-2177  
**CAMP SCHWAB** 625-2333  
 (USO NIGHT) 625-3834

Movie schedule is subject to change without notice. Call in advance to confirm show times. For a complete listing, visit [www.shopmyexchange.com](http://www.shopmyexchange.com).



# SINGLE MARINE PROGRAM EVENTS

For more information or to sign up, contact the Single Marine Program at 645-3681.

## FUTENMA POOL BASH — JULY 28

• SMP is hosting a pool bash for Marine Corps Air Station Futenma Marines and sailors July 28 from 6:30-10 p.m. There will be food, drinks and other activities.

## VOLUNTEER OPPORTUNITIES

• The Thrift Shop needs volunteers every Tuesday, Wednesday and Thursday from 10 a.m. to 2 p.m. Volunteers can sign in at the SMP office a few minutes prior. Lunch will be provided.

## DISCOVER GOLF — FREE GOLF LESSONS

• Taiyo Golf Course is hosting free golf lessons for single Marines and sailors the first and third Friday of every month from 9-11 a.m. Participants meet at the SMP office on Camp Foster by 8 a.m.

Mention of any company in this notice does not constitute endorsement by the Marine Corps.

## Japanese phrase of the week:

“Kinyobi desu.”

(pronounced:

kin-yoh-bee dehs)

It means,

“It’s Friday.”



**July 16-20**

### RIFLE RANGE

Staff Sgt. William M. Miller  
 MCB, 340



# CHAPLAINS' GORNIER

*“The good news is most of us come with a built-in sense of morality and a desire to achieve and create.”*

## Natural remedies heal best

**Lt. Kyu C. Lee**  
 SUPPLY BATTALION CHAPLAIN

One option gardeners use to control pests is known as the “external” option, which involves synthetic substances to eliminate unwanted organisms.

Another option gardeners can use is the “natural” option. This involves using organic methods to deal with problems. For example, hand weeding to remove problem plants, ladybugs to control aphids, and using cornmeal as an organic fungicide.

The advantages of synthetic options are they are available, fast and effective. However, such options can come with side effects. The chemicals can poison good plants and insects and create an unhealthy garden in the long run. This is when alternatives become more appealing.

Natural options can be trickier, slower and less efficient to implement. It is hard to weed by hand, and ladybugs can always fly away. But the advantage is you are using something that is natural and innate to the

garden’s ecosystem; there are fewer side effects. This creates a healthy garden.

An option we have to deal with regarding stress is what we might call “external” options. This involves applying something from the outside, such as alcohol or risky actions to our human ecosystem, hoping to alleviate the problem. These options are available, fast, effective and in a few cases positive. But if we are not aware, careful and responsible, they can carry very potent, weakening side effects over the long run,

Suppose there is an option, trickier and slower to implement, that enables us to handle things “naturally” by strengthening what is innately in us?

People with a high sense of morality and achievement are usually happy and can handle a lot of stress. They are organically resilient. The good news is most of us come with a built-in sense of morality and a desire to achieve and create. If we grow and develop these senses, we can become like those who are naturally strong and resistant to all sorts of pests and problems in life!