

OKINAWA MARINE

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Squadron's Sea Knights make final flights



A CH-46E Sea Knight helicopter makes its last flight over Marine Corps Air Station Futenma Nov. 26. The last of the Sea Knight helicopters with Marine Medium Tiltrotor Squadron 265 flew to Camp Kinser Nov. 26-27 to await final disposition. VMM-265 is part of Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force. Photo by Lance Cpl. Mike Granahan

Lance Cpl. Mike Granahan
OKINAWA MARINE STAFF

CAMP KINSER — The last of the CH-46E Sea Knight helicopters with Marine Medium Tiltrotor Squadron 265 flew here from Marine Corps Air Station Futenma Nov. 26-27 to await final disposition.

Although many Marines with VMM-265, a part of Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force, are disappointed to see the CH-46E go, they are excited about the enhanced capabilities the MV-22B Osprey brings to the table, according to Staff Sgt. Bradley A. Leddy,

see **HELICOPTER** pg 5

Plan ahead when traveling with pets

Lance Cpl. Brianna Turner
OKINAWA MARINE STAFF

CAMP FOSTER — Service members and status of forces agreement personnel traveling to and from Okinawa with pets are unable to use United Airlines' PetSafe program from Okinawa, via Guam and Hawaii; the service was discontinued Oct. 31.

United Airlines indefinitely suspended its twice-weekly flight from Okinawa to Guam due to lower than expected demand and high operating costs.

"Service members used the PetSafe program to fly their pets to their new home when they executed permanent change of station orders," said Glen L. Downes, the deputy director for the distribution management office, Headquarters and Service Battalion, Marine Corps Base Camp Butler, Marine Corps Installations Pacific. "Using the program, passengers were to land in Guam and get on the next flight, but many ended up delayed in Guam until their pets met all of the requirements."

There are still a number of options for individuals to fly their pets to their next destination.

One option is the Air Mobility Command's Patriot Express, which takes passengers from Okinawa to Seattle, according to Downes.

see **PETS** pg 5



Eddie J. Dunn shows leaders of the Republic of Korea Marine Corps Amphibious Support Group small arms protective inserts during a visit from the ROK Marines to the Individual Issue Facility Nov. 19 at Camp Kinser. The ROK Marines were interested to see the system IIF uses to issue equipment to the Marines of 3rd Marine Logistics Group. Dunn is the site manager for IIF, 3rd MLG, III Marine Expeditionary Force. Photo by Cpl. Erik S. Brooks Jr.

Cpl. Erik S. Brooks Jr.
OKINAWA MARINE STAFF

CAMP KINSER — Leaders of the Republic of Korea Marine Corps Amphibious Support Group discussed logistics with key leaders and toured 3rd Marine Logistics Group facilities here Nov. 19.

ROK Marines visit 3rd MLG

The tour was part of the ROK Marines' four-day trip to Okinawa. During the trip, the ROK Marines visited many facilities and spoke with key leaders to gain insight into the mission and activities of 3rd MLG, a part of III Marine Expeditionary Force.

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Cub Scouts and Boy Scouts learn pride, honor and flag etiquette during evening colors ceremony.

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OPINION & EDITORIAL

Adopt stress management tools

Deborah Wells

Stress is something we are all familiar with, as we all have endured periods of high stress at one time or another. If we all experience stress, what makes one person more capable of handling stress compared to another?

According to Dr. Raymond Flannery of Harvard Medical School, there are actually several characteristics people who manage stress effectively commonly possess. These are things that you could incorporate into your own life.

One characteristic is that of assuming personal control over one's life. If there is a problem, what

is it? Gather facts about potential solutions so you can resolve it. If a solution does not work, what about another plan? Re-evaluate the problem and implement a new plan to solve it. Sometimes, we find out there are problems that cannot be resolved. The solution could be to accept there is no solution and understand there are always going to be some things beyond your control.

Another common characteristic is the ability to make a commitment to something and see it through. Find things that have meaning for you and remain involved with them. If you can do this, you will always be working towards something you consider important and valuable. This could be a career, education, relationship, hobby or other activity.

To manage stress, individuals should make healthy lifestyle choices. Minimize

caffeine intake, nicotine use and alcohol consumption – these things do not help you reduce stress. Do something that helps you relax at least 15-20 minutes a day. Exercise, meditation, yoga, music or art are great examples of safe and effective ways to reduce stress and increase your ability to resist stress.

Seek out and use your social supports. A caring social network increases endorphin circulation, strengthens your immune response, and helps your vital statistics such as heart rate and blood pressure.

Find and use your funny bone. Yes, you do have one and people who laugh have lower levels of tension. Humor helps to keep things in perspective. It is one of those right-brain

functions which helps reduce stress.

Finally, develop a concern for the welfare of others and get involved with a project or a cause. This will shift your focus and help you to feel a general connectedness to the larger community. We all feel a sense of accomplishment when we can be helpful to someone else.

These are just a few ideas to consider. Try them out. There are many more ways to decrease stress. If you are experiencing high levels of stress, come see us at the Marine and Family Program Branch. We would be happy to talk with you and see what might be helpful. We are located in building 429 on Camp Foster. For more information, call 645-2915.

Deborah Wells is the prevention and counseling services manager at the Marine Corps Community Services Marine and Family Program Branch.

Characteristics to Overcome Stress

- **Assume personal control**
- **Make a commitment to something**
- **Making healthy lifestyle choices**
- **Seek out and use social supports**
- **Find your funny bone to lower tension**
- **Get involved with a project or cause**

AROUND THE CORPS



Maj. Gen. Gregg A. Sturdevant helps fill sandbags Nov. 22 in Helmand province, Afghanistan. Sturdevant visited forward operating bases in the province to wish Marines and sailors a happy Thanksgiving. Sturdevant is the commanding general, 3rd Marine Aircraft Wing (Forward), I Marine Expeditionary Force. Photo by Sgt. Keonaona C. Paulo



An F-35B Lightning II, also known as the Joint Strike Fighter, steadies during aerial refueling Nov. 20 above Marine Corps Air Station Yuma, Ariz. The aircraft later landed at MCAS Yuma during a redesignation ceremony for its squadron. This F-35B is the second aircraft to join newly-designated Marine Fighter Attack Squadron 121, 3rd Marine Aircraft Wing, I Marine Expeditionary Force.

Photo by Lance Cpl. Christopher Jones



Lance Cpl. Joshua R. Allen clears his M249 squad automatic weapon during a live-fire training exercise aboard the USS Iwo Jima at sea Nov. 25. The 24th Marine Expeditionary Unit deployed with the Iwo Jima Amphibious Ready Group in the 6th Fleet area of responsibility to serve as an expeditionary crisis response force capable of a variety of missions. Allen is a rifleman with Company B, Battalion Landing Team 1st Battalion, 2nd Marine Regiment, 24th MEU, II Marine Expeditionary Force. Photo by Lance Cpl. Tucker S. Wolf

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OKINAWA MARINE

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Food service Marines prepare for exercises

Cpl. Erik S. Brooks Jr.

OKINAWA MARINE STAFF

CAMP KINSER — Food service specialists with units throughout III Marine Expeditionary Force conducted field mess training here Nov. 16.

The Marines trained to practice the skills needed to support units training in a field environment.

“The purpose of the training was to prepare the Marines for upcoming exercises,” said Chief Warrant Officer Martin L. Maschio, the food service officer in charge of food service support, 3rd Marine Logistics Group, III MEF.

During theater security cooperation exercises, Marines training throughout the Asia-Pacific Region with their military counterparts will need to be fed in field environments, according to Maschio. At many locations, there will be food service specialists making that happen.

“Every Marine at each location needs to be knowledgeable and ready to get the job done,” said Maschio. “It’s everybody’s responsibility to have a good field mess and sanitation to ensure consistent, high-quality service.”



Marines rebuild a Babington airtronic burner during field mess training at Camp Kinser Nov. 16. The burner is the main heat source for the tray ration heating system, the main system Marines use to cook unitized group rations in field environments. The Marines are with units throughout III Marine Expeditionary Force. Photo by Cpl. Erik S. Brooks Jr.

During the training, Marines trained with the Babington airtronic burner. The burner is the main heat source for the tray ration heating system, the main system Marines use to cook the unitized group rations. The rations make up approximately 80 percent of the food they will be preparing and serving during exercises according

to Gunnery Sgt. Wilfred Castillo, a food service instructor with operations group, G-4, supply and logistics, 3rd MLG.

“I used this time to teach the Marines the ins-and-outs of the burner,” said Castillo. “This will enable them to go to the field with the proper knowledge, and if something goes down, they can

get it right back up and running to accomplish their mission.”

Castillo taught the Marines about the basic operational components of the burner: fuel, regular air, pressurized air and the ignition system.

“Some Marines are going to be by themselves without help from others and will be required to operate the burner in order to put out full meals,” said Castillo.

The Marines were required to assemble and disassemble the burner during the training, which was a new skill for many of them.

“I had never broken down the burner and learned a lot from this experience,” said Cpl. Davon U. Simmons, a food service specialist with Combat Assault Battalion, 3rd Marine Division, III MEF. “This was a chance to learn more about the gear. If the gear goes down, I am now confident enough to fix the problem and get it operating.”

The training gave the Marines a complete understanding of what the burner does, leaving them ready to support Marines during exercises, according to Castillo.

“We train like this because, when we go to the field during an exercise, it’s not time for us to train,” said Castillo. “It’s time for us to work.”

Communications Marines train to support Ryukyu Warrior

Lance Cpl. Matthew Manning

OKINAWA MARINE STAFF

CAMP FOSTER — Marines took part in a communications exercise here Nov. 15 to prepare for Exercise Ryukyu Warrior 2013.

The Marines with Marine Wing Support Squadron 172, Marine Air Control Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force, used the training to prepare for Ryukyu Warrior, the annual Marine air command and control systems training exercise.

During Ryukyu Warrior, which is scheduled to be conducted in mid-December, the MWSS-172 Marines will provide communications support for 1st MAW at Ie Shima training facility, located on Ie Shima, Okinawa prefecture.

“This is a six-day training evolution where we are simulating being in the field and letting the Marines get comfortable using all of the equipment,” said Staff Sgt. Nelton Benard III, a wire chief with the squadron. “By training like this, things will go much smoother for us once we get on site for the exercise.”

Ryukyu Warrior is an annual, joint, unit-level training exercise conducted locally between elements of 1st MAW, III MEF, the Air Force’s 18th Wing, U.S. Naval Hospital Okinawa and the Army’s 1-1 Air Defense Artillery Battalion.

This method of training is not unfamiliar to the Marines of MWSS-172, according to Cpl. William Z. Henson, a field wireman with the squadron.

“I have been a part of multiple exercises in the Asia-Pacific region, and before each one, we conduct training like this,” said Henson. “This training evolution is very in-depth. Our training always prepares us for upcoming exercises.”

Whether it is an exercise or operation, the Marines bring various communications capabilities to the table, according to Bernard.

“We have several sections conducting this training,” said Bernard. “Our wire section handles all of the phone lines, the data section sets up our internet capabilities, and the radio section takes care of all the single-wave communications as well as setting up a satellite link.”

The Marines familiarized themselves with their equipment through repetition, according to Lance Cpl. Christopher G. Martinez, a data network specialist with the squadron.

“This type of training helps the Marines become more fluid and efficient



Cpl. Eren C. Villa connects communications equipment during a communications exercise at Camp Foster Nov. 15. The communication exercise was held in preparation for Exercise Ryukyu Warrior 2013. Villa is a data systems technician with Marine Wing Support Squadron 172, Marine Air Control Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force. Photo by Lance Cpl. Matthew Manning

while performing their jobs,” said Martinez. “It gives the Marines a chance to focus on and learn more aspects about their job.”

This method of training has proven effective, according to Henson.

“We set up and take down the equipment repeatedly so our junior Marines will have plenty of experience,” said Henson. “This is a good opportunity to give our Marines a chance to experience all the things they may be required to do when we do go to Ie Shima for Ryukyu Warrior or any other exercise or operation in a field environment.”

The training not only made each Marine more proficient in their jobs, but also gave them a chance to increase proficiency as a group, according to Martinez.

“We have come closer together as a unit during this training,” said Martinez. “We have to work with each other to get everything set up and communicate with one another to accomplish the task given to us. I feel we are prepared for Ryukyu Warrior.”

BRIEFS

THE III MEF BAND HOLIDAY CONCERT

The III Marine Expeditionary Force Band proudly presents the III MEF Band holiday concert at the following locations:

Keystone Theater, Kadena Air Base:

Dec. 5 starting at 7 p.m.

Camp Foster Theater:

Dec. 6 and 7 starting at 7 p.m.

Dec. 8 starting at 12:30 p.m.

Tickets are free and can be picked up at the III MEF Band Hall located next to the Ocean Breeze until the day of the concerts. Tickets are available on a first-come, first-served basis.

For more details, call 645-3919.

USNH OKINAWA PHARMACY TEMPORARILY UNAVAILABLE DEC. 1

Outpatient services at the U.S. Naval Hospital Okinawa Pharmacy on Camp Lester will be unavailable Dec. 1 due to computer system maintenance. Emergency and inpatient services will still be available throughout the day. Refill orders called in earlier in the week will be available for pickup as scheduled. Normal outpatient pharmacy operations will resume Dec. 3 at 7 a.m.

For more details, contact 643-7547.

MARINE CORPS TOYS FOR TOTS

The U.S. Marine Corps Reserve Toys for Tots campaign will be accepting donations of new, unwrapped toys at drop-off locations during the III Marine Expeditionary Force Band holiday concerts at Kadena Theater Dec. 5, and Camp Foster Theater Dec. 6-8. It will also accept donations at the Toys for Tots golf tournament at Taiyo Golf Course Dec. 7 from 6-8 a.m.

Volunteers are welcome to help collect toys at these events, as well as on weekends at the Army and Air Force Exchange at Camps Foster and Courtney and Kadena Air Base.

For more details or for volunteer opportunities, call 645-8068.

TSA MILITARY PRECHECK

The Transportation Security Administration now offers TSA Precheck, which gives expedited screening benefits to active-duty service members who possess a valid common access card at select airports in the U.S.

Active-duty service members should present their valid CAC to the TSA travel document checker along with their boarding pass at the TSA Precheck lane. Once the checker verifies the service member is in good-standing with the Department of Defense, they will receive expedited screening benefits, to include not removing shoes, laptops from bags, belts or light jackets.

Eligible service members do not need to be in uniform to take advantage of TSA Precheck benefits and family members ages 12 and under can also process through the expedited screening. For more information, visit www.tsa.gov and click the TSA Precheck tab.

TO SUBMIT A BRIEF, send an email to okinawamarine.mcbb.fct@usmc.mil, or fax your request to 645-3803. The deadline for submitting a brief is noon Friday. Okinawa Marine reserves the right to edit all submitted material.

Leaders sign 3D proclamation



From left, Navy Capt. Richard W. Weathers, Maj. Gen. Peter J. Talleri, Lt. Gen. Kenneth J. Glueck Jr., Air Force Brig. Gen. Matthew H. Molloy and Army Col. Sheila A. Bryant sign a proclamation to begin the drunk and drugged driving prevention campaign at the Ocean Breeze on Camp Foster Nov. 20. The campaign, also known as the 3D campaign, is a joint-service agreement intended to raise awareness of the dangers involved if service members drive while under the influence of drugs or alcohol. Weathers is the commanding officer for Commander Fleet Activities Okinawa, Talleri is the commanding general of Marine Corps Installations Pacific and Marine Corps Base Camp Butler, Glueck is the commanding general of III Marine Expeditionary Force, Molloy is the commander of the Air Force's 18th Wing and Bryant is the commander of the Army's 10th Regional Support Group. Photo by Lance Cpl. Brianna Turner

Marines, sailors explore cultural sites near Fuji

Lance Cpl. Brandon C. Suhr

OKINAWA MARINE STAFF

COMBINED ARMS TRAINING CENTER CAMP FUJI, Shizuoka prefecture, Japan — Marines and sailors with Mike Battery were provided an opportunity to visit some of the local Japanese cultural sites during a tour Nov. 22 after the completion of field training here during Artillery Relocation Training Program 12-3.

Once the Marines and sailors completed preparing equipment for shipment back to Camp Hansen, Okinawa, the battery visited the hot springs at Owakudani, the Great Buddha of Kamakura and the Tsurugaoka Hachiman-gu shrine, all popular cultural and tourist sites in Kanagawa prefecture, Japan, adjacent to Shizuoka prefecture.

"We needed to have all the equipment ready to be shipped back to Okinawa before we could attend the tour," said Capt. Hamilton N. Ashworth, the commanding officer for Mike Battery, which is assigned to 3rd Battalion, 12th Marine Regiment, 3rd Marine Division, III Marine Expeditionary Force. "The Marines and sailors with the battery worked extra hard after hours to get everything prepared."

The first site visited by Mike Battery was the hot springs at Owakudani. Owakudani is located on a crater that was created during the last eruption of Mount Hakone some 3,000 years ago. Today, much of the area is



Marines visit the Tsurugaoka Hachiman-gu shrine during a cultural tour of Japan Nov. 22 in Kanagawa prefecture. The tour provided Marines and sailors an opportunity to visit local Japanese cultural sites after finishing their field training during Artillery Relocation Training Program 12-3.

Photo by Lance Cpl. Brandon C. Suhr

an active volcanic zone where sulfurous fumes, hot springs and hot rivers can be experienced.

"It's good to see the Marines come out and see new sites," said Sgt. William S. Kelley, a section chief with Mike Battery. "It really opens their eyes to the world outside of where they came from, and it really matures them."

Next, the battery toured the Great Buddha of Kamakura. The statue is unusually large among Buddha statues in Japan due to the fact that it sits in the open air. The Great Buddha of Kamakura, designated a national treasure by the Japanese government, is some 37 feet tall and weighs around 133 tons.

"This trip was very well planned and it helped give us an

opportunity to explore some of Japan," said Lance Cpl. Ernesto E. Baez, a field artillery cannoneer with Mike Battery.

The battery finished the tour by visiting the Tsurugaoka Hachiman-gu shrine. The shrine was founded by Minamoto Yoriyoshi in 1063 and was subsequently enlarged and moved to its current location in 1180 by Minamoto Yoritomo, the founder and first shogun of the Kamakura government.

"The better you understand another nation's culture, the better you can get along with its people and understand where they came from," said Kelley. "This tour really helped the Marines better appreciate Japanese culture."

Youth have ball at events



Left: Staff Sgt. Danny L. Barnes Jr. dances with his daughter Cadence Logan during the 3rd Marine Logistics Group children's ball at the Rocker NCO Club Nov. 16 on Kadena Air Base. Barnes is an explosive ordnance disposal technician with 9th Engineer Support Battalion, 3rd MLG, III Marine Expeditionary Force.

Photo by Lance Cpl. Matthew Manning

Below: Members of the Camp Courtney Young Marines detachment escort the birthday cake during the 3rd Marine Division children's ball Nov. 24 at the Butler Officers' Club at Plaza Housing, Camp Foster. The units hosted the events in order to teach the children of their Marines and sailors the customs, courtesies and traditions of the Marine Corps birthday. *Photo by Lance Cpl. Daniel E. Valle*



HELICOPTER from pg 1

a crew chief with the squadron.

"The CH-46E is a battle-proven aircraft, but it is older technology," said Leddy. "Bringing in the Osprey gives us the ability to go about three times as fast and four times as far. They provide a long reach and over-the-horizon capabilities."

The phasing out of the CH-46E is bittersweet, but the reputation it obtained during its more than 50 years of service will not be forgotten. The Osprey has some big shoes to fill, according to Col. Jeffrey K. Arruda, the commanding officer of MAG-36.

"The legacy that the CH-46E has in the Marine Corps, everything that it's done from Vietnam to Lebanon, Desert Storm, Operation Iraqi Freedom and Operation Enduring Freedom, is a testament to its capabilities and dependability," said Arruda.

Most Marines have a nostalgic side that will miss the old aircraft, but the new capabilities of the Osprey are necessary for the Marine Corps to move forward, according to Leddy.

"Everyone is sad to see (the CH-46E) go. It's an icon in the Marine Corps," said Leddy. "Pretty much every motivational video and every motivational poster you see in some way has a CH-46E in it."

The Osprey brings 1st MAW into the future, providing an enhanced ability to provide support to the Asia-Pacific region, according to Arruda.

"It's the way ahead for the Marine Corps. The Osprey brings an enormous capability, it's great to have it out here in this theater, and we're going to do a lot with it," said Arruda. "The MV-22 is a great, safe aircraft and we expect great things."

Though VMM-265's Sea Knights have transitioned out of operations, there will still be CH-46E sightings around Okinawa. Marine Medium Helicopter Squadron 262, MAG-36, will continue to fly its CH-46E helicopters until next summer.

PETS from pg 1

The Air Force has specific requirements for transporting pets on the Patriot Express. Pet shipments must be in conjunction with a permanent change of station move, reservations must be made through the traveler's local transportation office, and only household cats and dogs are authorized. Once all the requirements for a pet have been satisfied, the passenger travel office on Camp Foster assists individuals in making travel arrangements for their pets.

A full fact sheet for traveling with pets via the Patriot Express can be found by clicking on the "Traveling with pets?" link at www.kadena.af.mil/newcomersinformation/index.asp.

Personnel booked on a commercial flight need to personally make travel reservations for pet transportation once their reservation is booked in the passenger travel office system. Personnel should contact the commercial airline they will travel on as soon as their ticket is booked to confirm any requirements or fees and arrange for transportation of their pets. Personnel should allow three days to receive a travel confirmation from the airline for their pet.

Personnel who are unable to use either of these two methods to transport their pet have another option to

use when traveling from Okinawa.

"If you are unable to book your pet through the Patriot Express or a commercial carrier, another option is to use a cargo carrier, like Okinawa Air Cargo Service," said Downes.

In order to use the cargo service, personnel must bring their pet to the Okinawa Air Cargo Service office at the Naha Airport two weeks prior to departure to confirm the cage meets the service's requirements. The cage must allow the animal to fully stand and perform a 360-degree turn. Also needed are originals and three copies of the pet's rabies and health certificates and the individual's military travel orders.

Travelers should note that the Okinawa Air Cargo Service only ships animals to Los Angeles, San Francisco, Chicago O'Hare and John F. Kennedy International Airports.

Regardless of which transportation method is used, it is important for service members and other SOFA personnel to begin planning for transporting their pets as soon as possible, according to Downes.

"It is the individual's responsibility to figure out which method is correct for their orders and start the process early," said Downes. "Through careful planning, service members and other SOFA personnel can make traveling with their pets a smooth and easy process."

ROK from pg 1

"The purpose of our visit was to get a better understanding of the processes and procedures 3rd MLG uses to operate," said ROK Marine Col. Hyun Dal Lee, the commanding officer of the ROKMC ASG. "Getting a better understanding of these will help our two Marine Corps during our bilateral training exercises, resulting in smoother and more effective exercises."

The tour started with an office call to Brig. Gen. Niel E. Nelson, the commanding general of 3rd MLG, and his command staff.

During the office call, the logistics leaders discussed each other's capabilities and what they not only hope to accomplish from the visit, but also in the future.

"In the future, we hope to stand up our own aviation combat element logistics group," said Lee. "Our interest in the MLG is how they do maintenance for the ACE."

Increasing readiness with a new electronic supply chain management process that will improve parts management is a current project for 3rd MLG, according to Nelson.

"The aircraft wing does the same thing. They have a different supply requirement, but all of us work on the same venue of supply and support," said Nelson. "To us, the critical part of logistics is maintaining a solid understanding of money and supplies available to ensure we can apply parts and people in the right place."

After the meeting, the ROK leaders started their tour of 3rd MLG's facilities.

The leaders first visited the supply management storage unit, which is part of 3rd Supply Battalion, Combat Logistics Regiment 35, 3rd MLG. While there, they were able to see all of the equipment being distributed to Marines throughout Okinawa.

"I was able to become more familiar with the

supply procedures and systems the Marines use," said ROK Lt. Col. Jo Hoon Han, the ROKMC ASG supply officer. "I was able to see the type of equipment the U.S. Marines use to support their logistical operations."

After visiting the supply warehouse, the tour continued to Medical Logistics Company, which is part of 3rd Medical Battalion, CLR-35. While at the company's warehouse, the ROK Marines were able to view all the medical supplies needed to facilitate III MEF operations and exercises.

"I was impressed with their capability to deploy rapidly," said Han. "All of their medical equipment was packed and ready to go."

Next, the ROK Marines toured the individual issue and food service facilities.

"We have a very familiar system to the individual issue facility in the Republic of Korea," said Han. "I hope in the future we can run a model system similar to the one 3rd MLG uses."

To end the tour, the ROK Marines had the opportunity to visit Electronic Maintenance Company, which is part of 3rd Maintenance Battalion, CLR-35. The Marines of the company demonstrated their capabilities, including calibration of tools and fixing field radios.

"This tour was very informative and helpful," said Han. "Seeing how they operate will help us in our future exercises together."

Nelson appreciates the ongoing exchange between the two countries. Nelson said he has developed a good relationship working with the ROK Marines during visits to Okinawa and wants to make sure 3rd MLG reciprocates in the Republic of Korea.

"This visit is critical for us. It helps and allows for the ROK Marines to understand our system as we come together and better support each other," said Nelson.



Setsuko Inafuku educates Marines on the Battle of Okinawa at the site of the former Japanese Navy Underground Headquarters during a battle sites tour Nov. 13.

Survivor leads Marines through Battle of Okinawa

Story and photos by Pfc. Kasey Peacock
OKINAWA MARINE STAFF

Machine guns sounded and artillery fire echoed as service members watched footage from the Battle of Okinawa.

Although it has been more than 65 years since one of the largest air, land and sea battles ended, more than 40 service members from Marine Corps Air Station Futenma relived the Battle of Okinawa Nov. 13 through the eyes of Setsuko Inafuku, a survivor of the battle and tour guide for 18th Force Support Squadron at Kadena Air Base.

The tour visited the Okinawa Prefectural Peace Memorial Museum, the former Japanese Navy Underground Headquarters, Hacksaw Ridge and Sugar Loaf Hill.

“The most important thing to take away from this tour

in my opinion is knowledge,” said Lance Cpl. Carl G. Slack, an aircraft electrical systems technician with Marine Aerial Refueler Transport Squadron 152, Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force. “If we can learn about what happened, not only can we grow as people, but we can learn from our past conflicts and look toward the future.”

Inafuku, who was an infant when U.S. service members rescued her and her family from a cave during the battle, offered her family’s

experiences and knowledge to the tour guests. Inafuku has been giving tours since 1986 and advocates sharing the truth about what happened during the war.

“My son would come up to me as a young boy and ask me about the war because he wasn’t learning about it in school,” said Inafuku. “When he passed away, I wanted to (honor) his memory by spreading knowledge about the Battle of Okinawa.”

As the service members traveled via bus to the different locations on the tour, Inafuku showed videos and spoke about the historical context of the war, the history of the battle and the mentality of both Japanese and Okinawa citizens leading up to, during and after the battle.

The battle, which began April 1, 1945, consisted of 82 days of brutal fighting that killed or wounded more than 100,000 Japanese soldiers, 65,000 Allied service members and tens of thousands of civilians.

Throughout the tour, service members reflected on the lives lost by both nations and appreciated learning new things about the war.

“I learned more in one day on this tour than I have learned in the past two years,” said Sgt. Joshua M. Petellar, a data network specialist with Headquarters and Headquarters Squadron, MCAS Futenma. “Having Inafuku as our tour guide really allowed the service members to

“If we can learn about what happened, not only can we grow as people, but we can learn from our past conflicts and look toward the future.”

Lance Cpl. Carl G. Slack

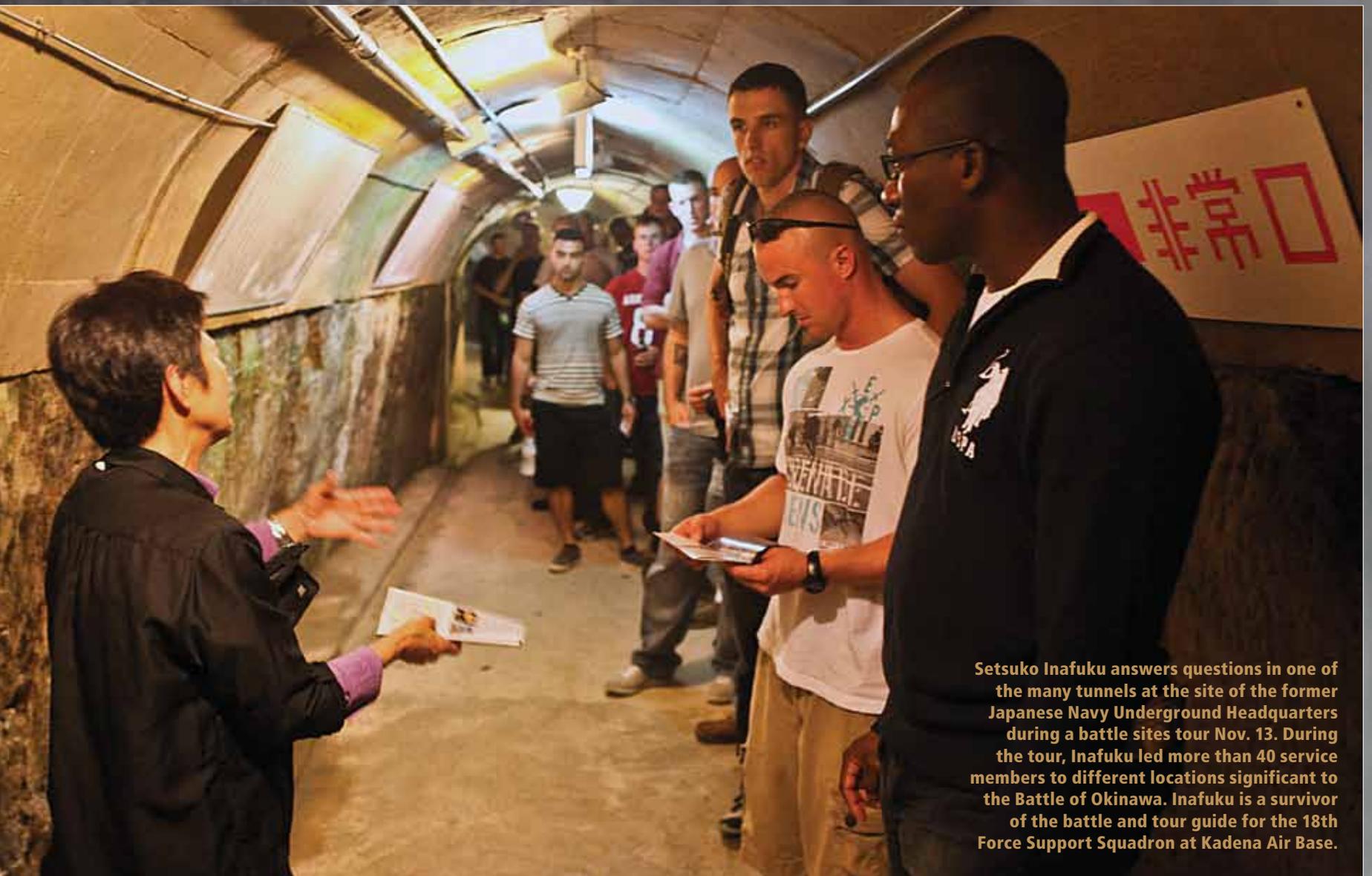


Setsuko Inafuku tells Marines about Army Lt. Gen. Simon B. Buckner was killed in action during the Battle of Okinawa.

connect with what she was saying because her family was there during the battle.”

Inafuku, who has spent countless hours speaking with veterans about the battle, leaves an impression on nearly every tour guest.

“I have spent so many years around veterans from both sides that I learn as much from them as they do from me,” said Inafuku. “I feel as though it is my duty to inform people on the battle, and that’s what I’m going to continue to do.”

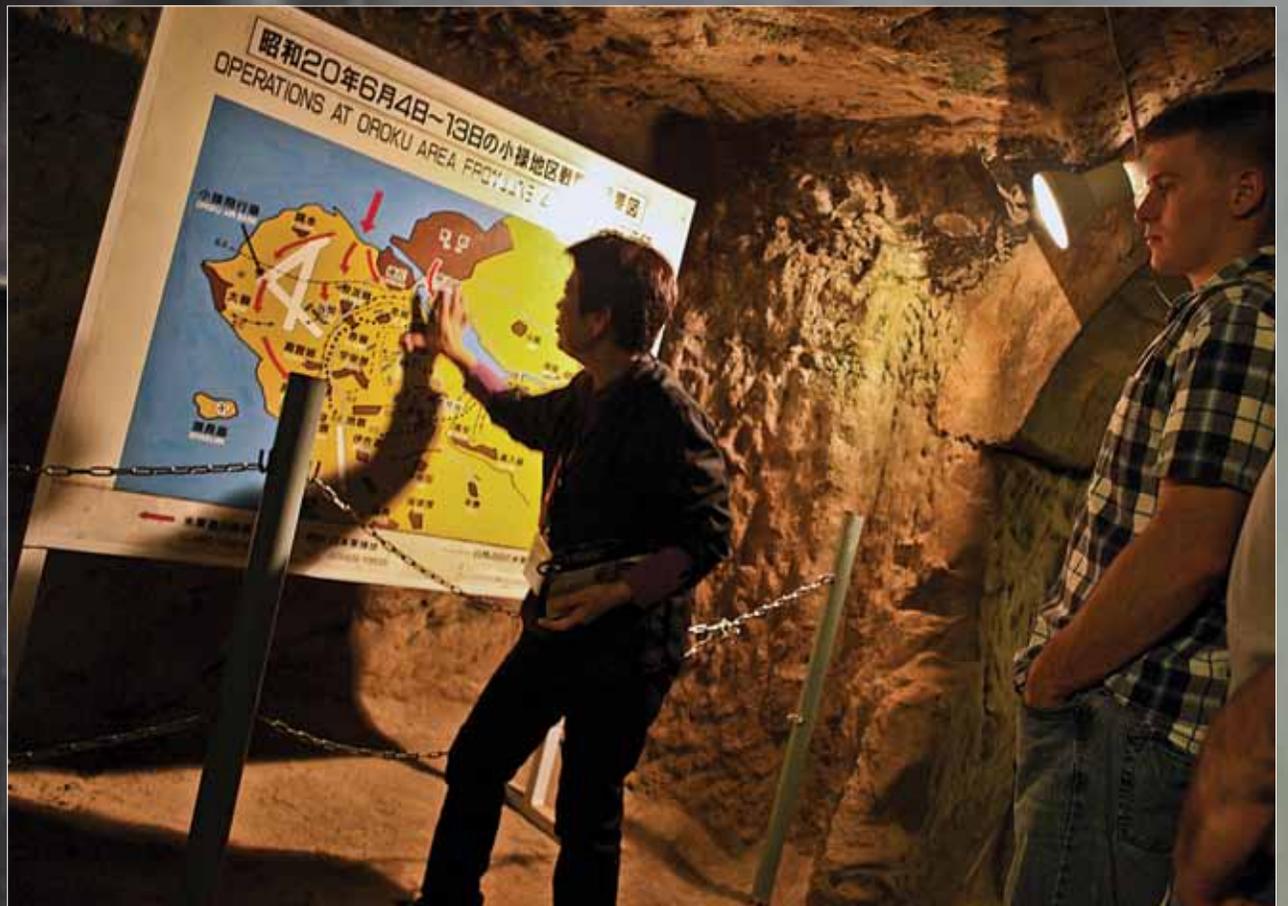


Setsuko Inafuku answers questions in one of the many tunnels at the site of the former Japanese Navy Underground Headquarters during a battle sites tour Nov. 13. During the tour, Inafuku led more than 40 service members to different locations significant to the Battle of Okinawa. Inafuku is a survivor of the battle and tour guide for the 18th Force Support Squadron at Kadena Air Base.

awa tour



n B. Buckner Jr. while she leads guests through Memorial Museum in Naha, Okinawa Nov. 13. va.



Setsuko Inafuku explains different operations that took place during the Battle of Okinawa while leading a battle sites tour Nov. 13 at the site of the former Japanese Navy Underground Headquarters.

Sharing
Knowledge through
 family *experiences*

HELPING OTHERS

Marine gives back to local community through coaching

Story and photos by
Lance Cpl. Alyssa N. Hoffacker

OKINAWA MARINE STAFF

Many Marines spend their evenings and weekends socializing with one another and relaxing. However, some spend these hours volunteering to help others. Cpl. Michael P. Barrett is one of those Marines.

Barrett has spent countless hours volunteering since joining the Marine Corps in November 2009, and he currently volunteers as a coach for the Camp Foster Bulldogs pee wee football team.

"I volunteered while I was in high school and decided to start again, because I knew it would help set me apart from my peers with promotions," said Barrett, a motor vehicle operator at Garrison Mobile Equipment, G-4, supply and logistics, Marine Corps Base Camp Butler, Marine Corps Installations Pacific.

With the Marine Corps being highly competitive, volunteering is a great way to prove the level of commitment one has to the community and the Corps.

"Volunteering is good for Barrett's career," said Cpl. Tony J. Moses, the head coach of the football team and the quality control noncommissioned officer in charge with GME. "It shows he's willing to do more than just wake up and perform his regular duties as a Marine. He's willing to put in more hours to do good things."

However, Barrett soon recognized the true meaning of volunteering.

"After I realized how my impact affected people and the community, I wanted to volunteer to help," said Barrett, who is married and father of a 9-month-old boy. "I want to help my com-



Cpl. Michael P. Barrett, grey shirt, adjusts the helmet for one of his players on the Camp Foster Bulldogs pee wee football team Nov. 27 during a practice at Camp Foster. Barrett has spent almost 400 volunteer hours coaching the team and has volunteered for other various activities in the community. "I believe a good way to strengthen our bonds with the Okinawa community is through volunteering," said Barrett. "We are able to show that we want to help." Barrett is a motor vehicle operator at Garrison Mobile Equipment, G-4, supply and logistics, Marine Corps Base Camp Butler, Marine Corps Installations Pacific.

munity, make a difference and set a good example for my son."

In the past, Barrett has volunteered at the Camp Foster Youth Center, Special Olympics on Kadena Air Base, Toys for Tots and other various programs that assist the community.

"I believe a good way to strengthen our bonds with the Okinawa community is through volunteering," said Barrett. "We are able to show that we want to help."

Barrett, or Coach Mike, as the players call him, finds coaching football rewarding and has already spent almost 400 hours with the team. He takes the time to help individuals in areas of needed improvement.

"Coach Mike teaches us a lot about football and he's helped me with running," said one of his players.

Barrett has also found that volunteering not only helps the community, but also helps the Marine Corps.

"It helps build leadership because you learn how to treat people differently, and you learn that not everyone reacts and learns the same way," said Barrett. "As a corporal, I'm supposed to show my Marines the right path to travel—volunteering does that."



Cpl. Michael P. Barrett, right, and other coaches discuss future plays for the Camp Foster Bulldogs pee wee football team during practice at Camp Foster Nov. 27.

"After I realized how my impact affected people and the community, I wanted to volunteer to help. I want to help my community, make a difference and set a good example for my son."

Cpl. Michael P. Barrett



Lance Cpl. Montae R. Johnson performs a random vehicle inspection at gate 1 at Camp Hansen Nov. 8. Performing a random vehicle inspection is one way the interior guard ensures the security of the installation. The purpose of the interior guard is to preserve order, protect property and enforce regulations. Photo by Lance Cpl. Daniel E. Valle

Marines provide installation safety

Lance Cpl. Daniel E. Valle
OKINAWA MARINE STAFF

Working around the clock. Always on the alert. Always on call. This is the job of the interior guard.

The purpose of the interior guard at Camp Hansen is to preserve order, enforce regulations and protect property.

These tasks are accomplished by patrolling the installation's perimeter to ensure the fences and surrounding area are in good condition, patrolling the area outside the installation to ensure Marines are conducting themselves appropriately during liberty hours, and conducting random vehicle searches on vehicles entering the installation.

The interior guard is made up of Marines from different military occupational specialties who are assigned to the interior guard for six months.

"The interior guard is composed of Marines from different units," said Staff Sgt. Jason D. Freeland, a military policeman and the guard chief. "Each unit supplies a certain number of Marines to the interior guard. We have Marines that normally work as administration specialists, motor transport operators, food service specialists, military police, engineers and many other jobs."

After Marines are assigned to the interior guard, they receive special training to prepare them for their new responsibilities.

"A big part of our training is how to deal with crowd dynamics," said Freeland. "We make sure everyone is safe during large events on base such as concerts or festivals."

When learning how to deal with crowd dynamics, the Marines practice techniques constantly so they can react quickly and safely to any situation for which they are called upon.

"They get training on escalation of force, pressure-point techniques, control holds and much more," said Freeland. "It gives the Marines a wide array of training."

The Marines assigned to the interior guard appreciate the opportunity to train and learn new techniques and skills.

"I learned a lot from the training that I would not have learned anywhere else – I really enjoyed it," said Lance Cpl. Gerrod A. Green Jr., a radio operator with 3rd Intelligence Battalion, III Marine Expeditionary Force Headquarters Group, III MEF, and sentry with the interior guard.

The Marines of the interior guard work in shifts around the clock, which is why it is important to train every chance they get, according to Sgt. Trumaine R. Holmes, a combat engineer with 9th Engineer Support Battalion, 3rd Marine Logistics Group, III MEF, and the sergeant of the guard with the interior guard.

After their assignment to the interior guard is finished, the Marines are replaced by other Marines and return to their original units. The turnover rate requires intense training with tremendous attention paid to every detail, according to Holmes.

"The most important thing for us is to make sure the Marines we get create that muscle memory," said Holmes. "They always remain vigilant and constantly train on how to handle certain situations so that if something happens, that muscle memory kicks in and they execute their tasks efficiently."

Marines learn about new 'home' at Okinawa World

Lance Cpl. Ian M. McMahon
OKINAWA MARINE STAFF

Weekends offer the opportunity to explore and experience new things on Okinawa. Where to go, what to do, and with who are common questions. However, people new and old to Okinawa may not know what the island really has to offer.

One place of interest to consider is Okinawa World, a theme park in Nanjo that is rich with Okinawan culture. The single Marine program at Camp Foster ventured to the park recently, providing a memorable and enjoyable experience.

There are three major attractions at Okinawa World: the Habu Park, the Kingdom Village and Gyokusendo, a 3-mile, fully-lit cave formed approximately 300,000 years ago which is Japan's second largest natural cave.

"The cave was definitely my favorite part," said Lance Cpl. Kyle J. Faraday, an SMP member and network support division technician with Marine Aircraft Group 36, 1st Marine Aircraft Wing, III Marine Expeditionary Force. "I've never seen anything like it before. I wasn't expecting to see an underground waterfall."

While some might enjoy the cave-exploring experience, others may find the Habu Park more to their liking. The park is divided into two parts, a museum and a zoological garden.

The museum provides an abundance of information on the various types of snakes indigenous to the island, like where they can be found, how dangerous they are and their natural predators, according to Arisa Goya, an Okinawa World staff member.

"There are plenty of exhibits to make the experience fun as well as educational," said Goya.

Throughout the day, the museum holds shows featuring the habu snake and a Taiwanese cobra. Although the show is in Japanese, English handouts are available.

"It's rare to see some of these dangerous animals in a safe environment," said Goya. "The show is great fun for everyone no matter your age."

After the show, visitors are given the chance to take pictures with a python draped over their shoulders and neck.

Behind the museum is the zoological garden, which contains



Arisa Goya guides a habu snake during a show Nov. 25 at Okinawa World in Nanjo, Okinawa. Throughout the day, the museum holds shows featuring the habu snake and a Taiwanese cobra. Goya is an Okinawa World staff member. Photo by Lance Cpl. Ian M. McMahon

bats, turtles, mongooses and many snakes, all of which are indigenous to Japan.

Another attraction is the Kingdom Village. The village consists of several shops and activities, such as a greenhouse with exotic plants,

Eisa dancers, a habu sake brewery and more Okinawan history and culture.

"Around every corner there

were different people selling unique handmade objects or foods and sharing their culture," said Faraday. "During the whole trip there was always something to see or do."

In addition to Okinawa World, service members wanting to see more of Okinawa can also visit Shurijo Castle Park, Okinawa Prefectural Peace Memorial Museum, and Ryukyu Mura, along with many other sites, to learn and truly enjoy their "new" home.

"I've never seen anything like it before."

Lance Cpl. Kyle J. Faraday

Scouts learn pride, honor during Evening Colors

Story and photos by Lance Cpl. Adam B. Miller

OKINAWA MARINE STAFF

The evening 'Retreat' bugle sounds on a brisk and breezy evening at Camp Foster as 10 boys quickly position themselves at attention and render their two-finger salute as they observe the American and Japanese flags being lowered.

Boy Scouts and Cub Scouts were privileged with the opportunity to participate in an evening colors ceremony recently to learn about the ceremony's significance.

"The Boy Scouts and Cub Scouts came here to learn a little bit of history about the flag, build up pride for their country, and help them understand that this is why their parents are here," said Sgt. Jeremy J. Jakel, the den leader for Troop 098 and a field wireman with Marine Wing Communications Squadron 18, Marine Air Control Group 18, 1st Marine Aircraft Wing, III Marine Expeditionary Force.

The mission of the Boy Scouts of America is to prepare young boys to make ethical and moral choices throughout their lifetime by instilling in them the values of the Scout oath and law. The Cub Scouts are part of the Boy Scouts of America.

To advance from the rank of Wolf Cub to Bear Cub, the Cubs are required to learn Cub Scouting's 12 core values, bringing them one step closer to becoming a Boy Scout, according to Jakel.

The core value being learned at this evening colors ceremony was citizenship, or contributing service and showing responsibility to local, state and national communities. The Cub Scouts learned to properly fold a flag, the symbolism behind the 12 folds, and the history and traditions behind the flag.

"It goes more in-depth than just the flag," explained Jakel. "It is more about teaching the boys about national pride."

Activities like these rely heavily on the support of the community and the boys' parents, and Jakel routinely asks for volunteers



Boy Scouts and Cub Scouts fold an American flag after evening colors at building 1 on Camp Foster recently. The boys were instructed on the importance of proper flag etiquette, the history of the flag and the symbolism behind the 12 folds on the flag.

to lead classes or discussions.

"I wanted to teach them about the importance of the flag and why we observe evening colors," said Sgt. Jimmy W. Wadkins, a volunteer instructor for the citizenship core value class and a military policeman for the Provost Marshal's Office, Headquarters and Service Battalion, Marine Corps Base Camp Butler, Marine Corps Installations Pacific.

Wadkins taught the history and details behind the evening colors flag ceremony, answered the boys' questions about the flag's history, and allowed them to assist with folding the flag.

"The lesson focused on the history of the American flag and the details of the evening colors ceremony, including why the flag is folded and what the folds mean," explained Wadkins. "The Cub Scouts came to understand why the flag is not allowed to fall onto the ground."

As the Boy Scouts and Cub Scouts folded, Wadkins recited what each fold represented. He concluded the hands-on demonstration by explaining the flag is folded into a triangle, with

only the blue field and white stars showing.

This is done so it resembles hats worn by those who fought in the Revolutionary War alongside Gen. George Washington.

While it is interesting to learn about the symbolism each fold represents, the real point is to give the scouts a sense of honor and pride when they see the American flag, according to Jakel.

Despite the chilly breeze, the scouts were inquisitive, eager and overall excited about the evening's class.

"I enjoyed learning how to fold the flag and learning about its history and what it all means," said Graham W. McMillan, a Wolf Cub Scout with the troop. "My favorite part was when I got to help fold the flag into a triangle with my friends."

Seeing the flag nearly everywhere and the daily occurrence of raising and lowering it can lead some people to take the flag for granted.

Volunteers and parents involved with the program go through such efforts to instill in their children the values and traditions on which the United States was founded, so when these boys grow up, they might also recognize and remember the importance of citizenship.

Boy Scouts, Cub Scouts, parents and volunteers salute the flag during a recent evening colors ceremony at building 1 on Camp Foster. The boys attended the ceremony to learn the history of the American flag and the significance of evening colors. The class is a part of the Boy Scouts' progression from Wolf Cubs to Bear Cubs.



In Theaters Now

NOV. 30 - DEC. 6

FOSTER

TODAY Life of Pi (PG), 5:30 p.m.; The Twilight Saga: Breaking Dawn Part 2 (PG13), 8:30 p.m.

SATURDAY Paranorman (PG), noon; Life of Pi (PG), 3 p.m.; The Man with the Iron Fists (R), 6 and 9 p.m.

SUNDAY Red Dawn (PG13), 1, 4 and 7 p.m.

MONDAY Life of Pi (PG), 7 p.m.

TUESDAY Rise of the Guardians (PG), 7 p.m.

WEDNESDAY Rise of the Guardians (PG), 7 p.m.

THURSDAY Closed due to III Marine Expeditionary Force Band holiday concert

KADENA

TODAY Rise of the Guardians (PG), 6 and 9 p.m.

SATURDAY Closed due to tinsel town event

SUNDAY Rise of the Guardians (PG), 1 p.m.; The Twilight Saga: Breaking Dawn Part 2 (PG13), 4 and 7 p.m.

MONDAY The Possession (PG13), 7 p.m.

TUESDAY Skyfall (PG13), 7 p.m.

WEDNESDAY Closed due to III Marine Expeditionary Force Band holiday concert

THURSDAY Life of Pi (PG), 7 p.m.

COURTNEY

TODAY Red Dawn (PG13), 6 and 9 p.m.

SATURDAY Premium Rush (PG13), 2 p.m.; The Possession (PG13), 6 p.m.

SUNDAY Skyfall (PG13), 2 and 6 p.m.

MONDAY Rise of the Guardians (PG), 7 p.m.

TUESDAY Closed

WEDNESDAY The Twilight Saga: Breaking Dawn Part 2 (PG13), 7 p.m.

THURSDAY Closed

FUTENMA

TODAY Trouble with the Curve (PG13), 6:30 p.m.

SATURDAY Red Dawn (PG13), 4 and 7 p.m.

SUNDAY Trouble with the Curve (PG13), 4 p.m.; Flight (R), 7 p.m.

MONDAY Skyfall (PG13), 6:30 p.m.

TUESDAY-THURSDAY Closed

KINSER

TODAY The Possession (PG13), 6:30 p.m.

SATURDAY The Possession (PG13), 3 and 6:30 p.m.

SUNDAY Premium Rush (PG13), 3 and 6:30 p.m.

MONDAY-TUESDAY Closed

WEDNESDAY Red Dawn (PG13), 3 and 6:30 p.m.

THURSDAY Skyfall (PG13), 6:30 p.m.

SCHWAB

TODAY Skyfall (PG13), 6 and 9 p.m.

SATURDAY Trouble with the Curve (PG13), 6 and 9 p.m.

SUNDAY Hit and Run (R), 6 and 9 p.m.

MONDAY-THURSDAY Closed

HANSEN

TODAY Premium Rush (PG13), 7 p.m.

SATURDAY Skyfall (PG13), 6 and 9 p.m.

SUNDAY The Possession (PG13), 2 p.m.; Premium Rush (PG13), 5:30 p.m.

MONDAY Red Dawn (PG13), 6 and 9 p.m.

TUESDAY Red Dawn (PG13), 6 and 9 p.m.

WEDNESDAY Flight (R), 7 p.m.

THURSDAY The Twilight Saga: Breaking Dawn Part 2 (PG13), 7 p.m.

THEATER DIRECTORY

- CAMP FOSTER** 645-3465
- KADENA AIR BASE** 634-1869
- (USO NIGHT)** 632-8781
- MCAS FUTENMA** 636-3890
- (USO NIGHT)** 636-2113
- CAMP COURTNEY** 622-9616
- CAMP HANSEN** 623-4564
- (USO NIGHT)** 623-5011
- CAMP KINSER** 637-2177
- CAMP SCHWAB** 625-2333
- (USO NIGHT)** 625-3834

Movie schedule is subject to change without notice. Call in advance to confirm show times. For a complete listing, visit www.shopmyexchange.com.



SINGLE MARINE PROGRAM EVENTS

For more information or to sign up, contact the Single Marine Program at 645-3681.

VOLUNTEER OPPORTUNITIES

- The Thrift Shop needs volunteers from 10 a.m. to 2 p.m. every Tuesday at the Camp Kinsner and Marine Corps Air Station Futenma locations; Wednesday at Camps Courtney and Foster; Thursday at Camps Hansen and Schwab; and Saturday at all locations. Volunteers can sign up at the SMP office. Lunch will be provided.

- Toys for Tots needs volunteers for box watch every Friday through Sunday in three-hour shifts from 9 a.m. to 9 p.m. Volunteers can contact 622-9636 or email ahmed.walker@usmc.mil for more information.

TOYS FOR TOTS GOLF TOURNAMENT - DEC. 7

- The Toys for Tots golf tournament will be held at Taiyo Golf Course Dec. 7. Deadline to sign up is today. Call 645-3681 to receive a registration form. There must be at least one single Marine in each group.

SMP BLACK AND WHITE HOLIDAY PARTY - DEC. 24

- Come dressed to impress for an evening of fine dining, prizes, dancing and entertainment at the Manza Beach Resort Hotel. Ticket includes dinner, entertainment and transportation to and from the event from each base. Deadline to sign up is Dec. 17.

CAMP FUJI SKI TRIP - FEB. 15-19

- Get the rush of the outdoors during the SMP Camp Fuji ski trip in February. Contact the SMP office for more information and to sign up.

Mention of any company in this notice does not constitute endorsement by the Marine Corps.

Japanese phrases of the week:

“Watashi no namai wa ___ desu.”

(pronounced: wah-tah-shee no nah-mah-ee wah

___ des)

It means,

“My name is ___.”

“Anata wa?”

(pronounced: ah-nah-tah-wah?)

It means,

“And you are?”



CHAPLAINS' CORNER

“Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves.” **Philippians 2:3**

Take opportunities to care for, respect others

Cmdr. Jack L. Carver

CHAPLAIN, III MARINE EXPEDITIONARY FORCE HEADQUARTERS GROUP AND 3RD MARINE EXPEDITIONARY BRIGADE

Transition presents ample opportunities to apply the golden rule and treat others as you wish to be treated. Common statements reflecting the challenges of transition from service members, civilians and family members on Okinawa include:

“This is my first holiday season as a parent, away from my parents, or overseas. This is my last holiday season in Okinawa, in the military, or before my child leaves home for college or the military.”

Moving away from family and support networks can take us away from our comfort zones. New places and a different way of life are some reasons for these challenges.

Unfortunately, some of us face unpleasant transitions resulting from the irresponsible behavior of others.

If you happen to be on the receiving end of someone’s reckless actions, there can be long-term effects. Unnecessary pain

or suffering is too often the fallout.

Some may even try to minimize their actions or intentions with words like, “don’t worry” or “it will be okay, trust me.” No, trust your instincts instead, especially during times of transition and when you find yourself in unfamiliar territory.

My hope is that we will all consciously and intentionally respect the unique challenges we face while adjusting to life far away from home here on Okinawa.

A good question to ask ourselves while interacting with others is, “What might be the outcome of my actions or words when I walk away from this encounter?” If you attended a “Beating the Blues” presentation, remember the advice offered by the presenters.

Are you in transition? What are your thoughts? “This is my first holiday season as a parent, without my parents ... this is my first holiday in Okinawa, in the military, without my child at home ...” Others around you are likely thinking the same thoughts!

Let’s all take good care of one another – we are certainly worth it! Blessed Holidays!

FOR UPCOMING SPECIAL WORSHIP SERVICES AND EVENTS FOR ALL MARINE CORPS BASE CHAPELS, CALL 645-2501 OR VISIT WWW.MCIPAC.MARINES.MIL AND LOOK UNDER “AROUND MCIPAC”