



A SERVICE OF THE MARINE CORPS

# **M&FP - Counseling Services**

Counseling Services, consisting of the Victim Advocates prog (FAP), provide a variety of programs and services to military mem improve their quality of life. This mission is accomplished through a groups, counseling, and interventions services. Individual, marital a professionals, is available by appointment. Printable PDF brochure.

Monday-Friday, 0730-1630 Kaneohe Bay, Building #216 Phone: 808-257-7781 and 808-257-7780

Menu (click any of the following for more info):

HOTLINE NUMBERS

SEXUAL ABUSE

DOMESTIC VIOLENCE

VICTIM ADVOCATE

FAMILY ADVOCACY PROGRAM

RESTRICTED VS. UNRESTRICTED REPORTING

SUICIDE PREVENTION & AWARENESS

ADDITIONAL MATERIALS & FAQS

# Hotline Numbers:

- Installation Victim Advocate Crisis Line: 808-216-7175 (24
  \*Victim Advocates are available 24 hours a day, 7 days a week to be sexual assault or domestic violence.
- Military One Source: 1-(800) 433-6868 (24 hours/7 days)
- Sex Abuse Treatment Center: 808-524-7273 (24 hour hotline)

# **Sexual Assault & Abuse Information**

\*Victim Advocates are available 24 hours a day, 7 days a week to be sexual assault or domestic violence.

You can also receive assistance by calling any of the following num

- Kapi'olani Sex Abuse Treatment Center: 808-524-7273 (24 hour
- DoD Safe Helpline, 1-877-995-5247 (24 hour hotline)

Click here for the Sexual Assault Prevention Program website.

POC: Sexual Assault Prevention & Response Program Manager

Bldg 216, 808-257-7777 MCB Hawaii, Kaneohe Bay

# **Domestic Violence Information**

You have the right to live without fear and violence. You are not alc

#### Are you abused?

- · Do you feel afraid of your partner most of the time?
- · Are you isolated from family and friends?
- · Does your partner humiliate, criticize, or yell at you?
- · Does your partner hurt you, or threaten to hurt or kill you?

If you have answered yes to any of the questions please contact th See below for next steps.

#### FIRST STEP: GET HELP FROM VICTIM ADVOCATES

For emergencies call 911.

Or, call the Installation Victim Advocate Crisis Line: 808-216\*Victim Advocates are available 24 hours a day, 7 days a week to be sexual assault or domestic violence.

USMC Victim Advocates provide information, guidance and s

Victim Advocates 808-257-7784 & 257-8857 Domestic Violence Hotline 800-799-SAFE (7232)

# SECOND STEP: COUNSELING Family Advocacy Program (FAP)

In addition to Counseling Services, the Family Advocacy Proeducation, reporting, intervention and treatment of domestic

Our Family Advocacy Program has a highly-qualified, license are available to provide counseling services at your request.

Family Advocacy professionals are also available to assist co trainings, briefings, and workshops to aid in domestic violen

The MCBH Family Advocacy Program currently has numerous individuals and families including videos, reading materials a

Family Advocacy Program 808-257-7780/81 Are you looking for information on how to give support to

PDF "If Someone You Know Is Being Abused"

#### RESTRICTED VS. UNRESTRICTED REPORTING - What is It?

Restricted Reporting

Unrestricted Reporting

NOTE: If domestic or sexual abuse is disclosed to someone other Programs Clinical Counselor, or a Military Medicine contact (define notification and law enforcement investigation.

# What is Restricted Reporting?

A victim may disclose domestic abuse to certain individuals withou Program (FAP) notification and will still be able to access informati adult eligible to receive military medical treatment may make a re spouse, former spouse, intimate partner or former intimate partne

**NOTE**: If domestic or sexual abuse is disclosed to someone other Programs Clinical Counselor, or a Military Medicine contact (define notification and law enforcement investigation.

#### Who do I go to for Restricted Reporting?

FAP Victim Advocate: 808-216-7175 (24-Hour Hotline)

Marine & Family Programs Clinical Counselors: 808-257-7781

Military Medicine – any person authorized to provide direct patient

#### Exceptions:

- When there is an imminent threat to health or safety of the vict
- · When child abuse is suspected
- · When required for fitness for duty in disability retirement board
- For supervision of direct victim treatment or services
- · When a military, federal, or state judge issues a subpoena
- When required by federal or state statute or applicable internat

Victims of domestic abuse who want to pursue an official investigated channels, PMO/Law enforcement, Chain of Command, Chaplain, Fator of a domestic abuse incident, victim advocacy services and FAP cli

#### Additional Resources

Domestic Violence Action Center Hawaii (DVAC) National Domestic Violence Hotline

# Groups, Classes & Workshops

# Cage the Rage: Anger Management Class

All of us suffer from stress at some level, the **Cage the Rage** serie understand and control anger. Classes are ongoing, with six session Orientation is required prior to your first class.

Class: Every Tuesday
Bldg. #216, 0900 - 1100
Orientation: Every Tuesday
Bldg. #216, 0800 - 0900

# Marriage Skills Workshop

Presented every month, this couples workshop explains the fundam family. Subjects include couples communication, budgeting and finamuch more. Spouses and fiances are highly encouraged to attend. workshop dates.

Class: Third Wednesday of every month Bldg. #219, Classroom 3 - 0815 - 1600

#### **Building Healthy Relationships**

This eight-session, psycho-educational group develops knowledge i listening, stress management, conflict resolution and more. Open to session targets a different subject.

Class: Every Thursday

Bldg. #216, 0900 - 1100 or 1300 - 1500

Orientation: Every Tuesday Bldg. #216, 0800 - 0900

# Prevention & Relationship Enhancement Program (PREP)

PREP is a one-day couples communication and problem-solving work couples receive a copy of the book "Fighting for Your Marriage," two speaker/listener technique floor tile. Materials and lunch are provided to the communication and problem-solving work couples received a copy of the book "Fighting for Your Marriage," two speaker/listener technique floor tile.

Location: Base Chapel Phone: 808-257-3552

Chaplain's Religious Enrichment Development Operation (CREDO) I

MCCS Employees | MCCS Headquarters | MCCS Crossroads Intranet | Military One Source Emergency Numbers | Frequently-Called Numbers | MCBH Official Web Site | Other MCC