

EASY SCHEDULING

It's easy to schedule some time with one of our DONCEAP Field Consultants. To get started, log on to your EAP website today!

▶ Visit your DONCEAP website at www.magellanascend.com Use the code DON if have not yet registered



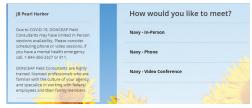
Counseling

- ► Click on the Counseling Icon
- Scroll down to find your worksite and click If your worksite is not listed, call 844-DON-CEAP
- ► Choose the option you are comfortable with Due to COVID-19, EAP Field Consultants may have limited In Person sessions availability. Please consider scheduling phone or video sessions.
- ► Select from available dates and times
- ▶ Provide your information



Click on a location below to schedule an appointment or call 1-844-DON CEAP to be

- Joint Base Anacostia-Bolling Washington, DC
- Joint Base Pearl Harbor Pearl Harbor, HI Naval Air Station Jacksonville Jacksonville, FL
- Naval Air Station Patuxent River Patuxent River, MD
- Naval Air Warfare Center Point Mugu. CA
- Naval Air Weapons Station China Lake Ridgecrest, CA Naval Surface Warfare Center Dahlgren Dahlgren, VA
- Navy Region Southwest San Diego, CA Norfolk Naval Shipvard – Portsmouth, VA
- Puget Sound Naval Shipyard Bremerton, WA
 The Mark Center Alexandria, VA
 The Pentagon Arlington, VA



| | September 2020 < | | | | | <> | Available starting times | for Tue-Sen 1, 2020 | |
|------------------|------------------|-----|-----------|-----|-----|---------|--------------------------|---------------------|--|
| Sun | Mon | Tue | Wed | Thu | Eri | | AM | PM | |
| | | 0 | 2 | 3 | 4 | 5 | No AM times | 2:30 PM | |
| 6 | | 8 | 9 | 10 | | 12 | | 3:00 PM | |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 | | 3:30 PM | |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 | | 4:00 PM | |
| 27 | 28 | 29 | 20 | | | | | 4:30 PM | |
| August October > | | | | | | | | 5:00 PM | |
| August | | | October > | | | 5:30 PM | | | |
| | | | | | | | | 6:00 PM | |
| | | | | | | | | 6:30 PM | |

844-DON-CEAP