

Restriction of Movement and Quarantine Guidance

1. Effective 11 October 2022, Travelers who test positive at a commercial airport will isolate at a GoJ isolation facility (GoJ officials at the airport will coordinate this) or may attempt to arrange transportation to a U.S. installation via GOV or POV through their command (this option is only available to SOFA members). The Fuji Express and Headquarters and Support Battalion isolation facilities are no longer an option. The key to avoid any issues is to ensure personnel arriving in Japan have received at least one COVID-19 vaccination booster or received the appropriate test within the required timeline. Listed below are the travel requirements for Japan:

Pre-Travel Test for Entry/Reentry into Japan:

If not boosted: Molecular test within 72 hours of the flight to Japan.

Molecular test is a nucleic acid amplification test such as RT-PCR, LAMP, TMA, NEAR [e.g. Abbott ID-NOW].

If boosted with at least 1 COVAX booster: No pre-travel test required.

Travelers who require a pre-travel test, but fail to get a molecular test within 72 hours of flight to Japan, are required to a rapid antigen COVID-19 test on arrival (COMAIR and MILAIR). Must wait for results before using any public transportation. Upon a negative result, no further restrictions. If positive, must conduct isolation at GoJ isolation facility (GoJ officials will coordinate) or coordinate GOV/POV transportation to a US installation to complete isolation.

Prior Positive in the last 90 Days and Not Boosted: If utilizing COMAIR, call ahead to ensure your commercial airline will accept the letter. If allowed to fly, upon arrival in Japan, the traveler is required to conduct a rapid antigen COVID-19 test and must wait for results before using any public transportation. Upon a negative result, no further restrictions. Prior positives in the last 90 days who test positive on the rapid antigen test must also utilize GOV/POV transportation to a US installation to be evaluated by competent medical authority. Upon clearance from the CMA, prior positives can immediately return to the airport, via any transportation means, for continued travel. Non-SOFA travelers who test positive while automatically be transferred to a GoJ isolation facility.

GoJ Questionnaire: Once a traveler has their seat number for the international flight to Japan, utilize <https://arqs-qa.followup.mhlw.go.jp/>. Complete the questionnaire and take a screenshot of the QR code. This accomplishes the same requirement as the MySOS app, but ensures OPSEC safeguards.

Arrival Testing in Japan:

o **If boosted:** No arrival test.

o **If not boosted, but received pre-travel molecular negative result:** No arrival test.

o **If not boosted and received pre-travel antigen:** Arrival test required.

o **If prior positive on COMAIR and. no pre-travel molecular:** Arrival test required. No arrival test if utilizing MILAIR.

a. Exercise and operations occurring outside Japan may not require these additional testing measures due to occurring in locations with a stable COVID-19 situation. The III Marine Expeditionary Force MEF G-3 will approve which locations do not require these additional testing measures. For these approved locations, redeploying personnel will follow normal entry/reentry testing and ROM requirements for Japan. Task Force Safe Guard (TFSG) can provide details on which locations are approved for normal procedures.

b. All travelers entering Japan should have a copy of their orders on their person. For SOFA personnel who are not service members, orders may be in the form of: civilian employees/their dependents – letter of employment; contractors - letter of authorization; service member dependents – a copy of the Permanent Change of Duty Station (PCS) orders to Japan.

c. Up-To-Date. Those who are less than 6 months since second Moderna dose, less than 6 months

since second Pfizer dose, less than 2 months since Janssen dose OR the traveler has received all booster doses when eligible in accordance with (IAW) Center for Disease Control (CDC) and DoD guidance (<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>.) with any booster of choice.

(1) Per the Government of Japan (GOJ) guidance, personnel who have received at least one booster can enter the country without a COVID-19 pre-test regardless of age.

(2) Personnel are still required to wear a mask at the international airport.

d. Fully Vaccinated but are not boosted. Those who have not received at least one booster, require arrival testing and are restricted to their domicile or residence until receipt of a negative arrival COVID-19 test. Personnel arriving at an international airport with follow on travel requiring public transportation, must wait for their result before utilizing public transportation:

(1) Public transportation is authorized, with a negative arrival test result test performed by the commercial airport or performed under competent oversight on a U.S. installation, in the first 24 hours after arrival to allow travelers to arrive at their domicile. Strict COVID-19 mitigation measures must be followed to include mask wear, avoiding crowds, practicing social distancing procedures, and hand and cough hygiene.

(2) Per the GOJ guidance, personnel who have received at least one booster to enter the country without a COVID-19 pre-test regardless of age.

e. If the test is positive, the individual will transition to isolation and continue to be evaluated by medical personnel.

f. Personnel testing positive for COVID-19, are required to complete a minimum of 5 full days in isolation (starting from symptom onset for symptomatic patients or the date of test for asymptomatic patients), 2 days restricted to U.S. installations with strict mitigation measures for a minimum of 7 days on installation or at a permanently assigned off-base domicile, must wear a mask for 10 days and avoid places where unable to wear a mask.

(1) While on installation restriction, individuals may travel directly between their personal off-base domicile and U.S. installations only in which they have essential business. Personally owned vehicle (POV), government owned vehicle (GOV), walking and cycling are authorized. Use of public transportation is not authorized for the full 10 days from the start of symptoms (or positive test result, if asymptomatic).

(2) Personnel residing off-installation, must remain in their domicile or may conduct travel non-stop between their domicile and place of work on a U.S. installation via POV/GOV or cycling/walking during their ROM. Off-installation the use of mass transit is not authorized, except as stated for transportation to domicile per paragraph (1).

(3) Mission essential MILAIR travel between days 6-10 after testing positive may now be approved by the first O6 in the traveler's chain of command. The CDC now authorizes COMAIR/MILAIR travel after completing and being released from a 5 day isolation period. Travel between days 6-10 must be conducted wearing a high-quality mask or respirator when around others indoors. If wearing a high-quality mask or respirator is not possible, the travel should be rescheduled to day 11 or later.

g Unvaccinated. All others. All personnel who are not fully vaccinated shall travel directly to their domicile and remain there for a ROM period of 7 days (168 hours after arrival in Japan). Exiting domicile for animal welfare is authorized during ROM. The following conditions apply during ROM:

(1) Public transportation is authorized, with a negative arrival test result test performed by the commercial airport or performed under competent oversight on a U.S. installation, in the first 24 hours after arrival to allow travelers to arrive at their domicile. Strict COVID-19 mitigation measures must be followed to include mask wear, avoiding crowds, practicing social distancing procedures, and hand and cough hygiene. After arrival to their final destination, public transportation is not authorized during the ROM period.

(2) Asymptomatic individuals may exit ROM without a viral test after day 5 of ROM, with approval from a CMA and we will be restricted to base or off base domicile.

h. Individuals within 90 days of a positive COVID-19 result.

(3) All personnel arriving in Japan from another country that have tested positive for COVID-19 within the previous 90 days and have not received at least one booster will follow a ROM based on their vaccination status. These individuals would not normally undergo repeat testing within 90 days per CDC recommendations, but testing is required on entry at Japanese commercial airports if the travelers has not received at least one booster. If the test is positive, the traveler will isolate on a U.S. installation until the competent medical authority approves an alternate plan. After completion of ROM, asymptomatic individuals may have the restriction to their installation (their residence if living outside an installation or if denied access to a U.S. installation) removed. ROM exit testing on or after day 3 is not required with approval from a Competent Medical Authority (CMA). The following procedures apply:

(a) Previous results will be reviewed by a unit travel coordinator who has been designated in writing to perform this function or competent medical authority. All travelers will carry a physical or electronic copy of their appropriate documentation approved by a CMA. Commands who appropriately verify previous status may choose to allow their personnel to conduct the ROM period prescribed above.

(b) The individual must remain asymptomatic for the duration of the respective ROM period. If symptoms occur, the individual will coordinate with the base Physical Health Emergency Officer (PHEO) or CMA and follow COVID-19 procedures for isolation/quarantine.

i. Installation Commanders shall ensure strict compliance with ROM requirements by newly arrived personnel from outside Japan. For example, personnel who are not fully vaccinated will not be allowed to attend newcomer briefs until the completion of ROM requirements. Installation commanders will ensure processes are in place to document or certify the completion of ROM by newly arrived personnel.

2. All personnel (to include DoD civilian and contract personnel IAW their statement of work) deployed to or Temporary Additional Duty/ Temporary Duty Travel (TAD/TDY) to Japan must be fully vaccinated prior to entering Japan. This includes operational movement, individual augmentees, and exercise support personnel.

3. ROM Exceptions to Policy

a. Transient Aircrew will follow the fully vaccinated/unvaccinated procedures of the transient location, if more restrictive than the guidance published in reference (d).

b. Emergency Leave and Red Cross Notifications in Japan

(1) For personnel currently in a travel-related ROM status, who need to take emergency leave due to circumstances such as Red Cross notifications, the ROM waiver authority for MCIPAC-MCBB personnel is Commanding General (CG) MCIPAC-MCBB. Emergency Leave (E-Leave) may be routed for approval based on the judgment of the O-5 Commander or equivalent supervisors for U.S. Appropriated Fund (APF)/Non-appropriated Fund (NAF) employees. E-Leave ETPs will not delay the traveler's departure and will be processed on the first business day after command notification of the family emergency.

(2) Travelers will develop a mitigation plan for transit from ROM location to final destination as part of the ETP package that limits or denies exposure to others. The mitigation plan will include, but is not limited to: COVID-19 PCR test, travel itinerary, any COVID-19 safety measures implemented such as wearing a face covering, plan upon arrival at final destination, plan upon return to home station (such as ROM and exit testing).

(3) An ETP for individuals in quarantine or isolation due to exposure to a COVID-19 positive individual as well as any individuals showing signs of COVID-19 symptoms will not be granted.

c. Departing Japan via COMAIR before completion of ROM

(1) All travelers arriving in Japan from another country are prohibited from using commercial air, while in a ROM, quarantine, or isolation status. If attempting to depart Japan via commercial air before completing ROM, it requires an ETP approved by the Chief of Staff, USFJ and coordination with the GoJ via USFJ J5 Plans and Policy for Alliance Management identifying those that are leaving. ETPs will be limited to those required for operational impacts and humanitarian reasons, and not for morale or quality of life purposes.

(2) Transportation to a Japanese international airport for a flight departing the country must be done via POV/GOV. For personnel in Okinawa, this means MILAIR/Gov-Chartered air must be utilized to get personnel approved by this ETP to an international airport in mainland, Japan. Upon arriving to mainland, Japan via MILAIR, if follow-on ground transportation is needed, it must be conducted via POV/GOV or approved chauffeured vehicles.

(3) The following information will be included with the ETP package: Individual(s) Name; Flight Number/Arrival/Departure Times/Airport; Verification of POV/GOC transport plan; Verification of COVID-19 test w/in 72 hours of departure;

(4) Individual(s) will not be authorized to travel if they exhibit COVID-19 symptoms on date of departure.

(5) Once endorsed by the CG, MCIPAC-MCBB, ETPs will be sent to USFJ Mailbox J5 at indopacom.yokota.usfj-j54.list.all@mail.mil for USFJ approval, Ccing [TFSG CORC@usmc.mil](mailto:TFSG_CORC@usmc.mil).

4. Quarantine guidance is now based on several factors and personnel will be considered Up-To-Date (UTD) or Non-UTD close contacts.

UTD Close Contacts are those who are less than 6 months since second Moderna dose, less than 6 months since second Pfizer dose, less than 2 months since Janssen dose OR have received all booster doses when eligible IAW CDC and DoD guidance (<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/stay-up-to-date.html>.) with any booster of choice; this guidance is subject to change based on CDC recommendations. Close contacts are no longer required to quarantine at home. However, individuals in quarantine will remain on installation or domicile for a minimum of 5 days (no activities off-base outside one's permanently assigned domicile), while practicing strict mitigation strategies including avoiding crowds, wearing a mask at all times around others, practicing social distancing procedures, and hand and cough hygiene for a total of 10 days.

a. Non-UTD Close Contacts are those more than 6 months since second Moderna dose, more than 6 months since second Pfizer dose, more than 2 months since Janssen dose AND not boosted. These personnel must wear a mask for 10 days and be restricted to US installations (or permanently assigned domicile) for 5 days or until cleared by competent medical authorities and should test on day 5 after last known exposure. If contact trace efforts are delayed and close contacts are not identified until after day 5, if they have been asymptomatic the entire time they do not need to test.

b. If a close contact lives with a positive patient:

(1) UTD Close Contacts are not required to test unless symptomatic.

(2) Non-UTD/Unvaccinated Close Contact(s) will be confined to their domicile through the positive patient's isolation period. After the positive patient is deemed recovered by competent medical authority, the Non-UTD Close Contact will begin their 5 day strict quarantine and be tested on day 5 or later.

(3) If at any point a close contact becomes symptomatic, the patient should be tested as a Person Under Investigation (PUI) and isolate. If the test is negative, the close contact will continue with the close contact timeline. If the test is positive, the close contact will transition to positive protocols.

c. For personnel previously positive within the last 90 days who remain asymptomatic after recovery, in the event of subsequent close contact with confirmed positive individuals, additional quarantine (including post-travel quarantine) is not necessary or recommended as long as they remain symptom-free. Consultation with CMA is required to make a final determination.

(1) These individuals will continue to self-monitor for symptoms of COVID-19 for the duration of the next 10 days but quarantine and testing is not required.

(2) In the event they become symptomatic, they should immediately self-isolate and seek medical attention to determine if repeat testing is necessary.

5. All contact traces should be completed within 24 hours and CDC contact trace logs must be sent to usn.butler.navhospokinawaja.mesg.covidcellsupervisors@mail.mil, CC'ing MCIPAC_COVID-19@usmc.mil and TFSG_CORC@usmc.mil.

6. For travelers in quarantine status, the pre-travel test within 3 days (MILAIR) or 1 day (COMAIR) of travel must be on or after day 5 (MILAIR) or must be on or after day 7 (COMAIR) of quarantine otherwise an additional test will be required for travel.

7. Marine Forces Japan (MARFORJ) personnel who test positive on the arrival test at Haneda or Narita should call Fuji Express for transportation to Camp Fuji at 080-8591-8983/8977.