M&FP - Counseling Services

Counseling Services, consisting of the Victim Advocates program (FAP), provide a variety of programs and services to military members to improve their quality of life. This mission is accomplished through advocacy groups, counseling, and interventions services. Individual, marital, and family professionals, is available by appointment. Printable PDF brochure.

Monday-Friday, 0730-1630
Kaneohe Bay, Building #216
Phone: 808-257-7781 and 808-257-7780

Menu (click any of the following for more info):
- HOTLINE NUMBERS
- SEXUAL ABUSE
- DOMESTIC VIOLENCE
- VICTIM ADVOCATE
- FAMILY ADVOCACY PROGRAM
- RESTRICTED VS. UNRESTRICTED REPORTING
- SUICIDE PREVENTION & AWARENESS
- ADDITIONAL MATERIALS & FAQS

Hotline Numbers:
- Installation Victim Advocate Crisis Line: 808-216-7175 (24 hours)
  *Victim Advocates are available 24 hours a day, 7 days a week to respond to sexual assault or domestic violence.

- Military One Source: 1-(800) 433-6868 (24 hours/7 days)
- Sex Abuse Treatment Center: 808-524-7273 (24 hour hotline)

Sexual Assault & Abuse Information

Call the Installation Victim Advocate Crisis Line: 808-216-7175
*Victim Advocates are available 24 hours a day, 7 days a week to respond to sexual assault or domestic violence.

You can also receive assistance by calling any of the following numbers:
- Kap'iolani Sex Abuse Treatment Center: 808-524-7273 (24 hour hotline)
- DoD Safe Helpline, 1-877-995-5247 (24 hour hotline)

Click here for the Sexual Assault Prevention Program website.
POC: Sexual Assault Prevention & Response Program Manager
Domestic Violence Information

You have the right to live without fear and violence. You are not alone.

Are you abused?
- Do you feel afraid of your partner most of the time?
- Are you isolated from family and friends?
- Does your partner humiliate, criticize, or yell at you?
- Does your partner hurt you, or threaten to hurt or kill you?

If you have answered yes to any of the questions please contact
See below for next steps.

FIRST STEP: GET HELP FROM VICTIM ADVOCATES

For emergencies call 911.
Or, call the Installation Victim Advocate Crisis Line: 808-216-
"Victim Advocates are available 24 hours a day, 7 days a week to help sexual assault or domestic violence.
USMC Victim Advocates provide information, guidance and support.

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<thead>
<tr>
<th>Victim Advocates</th>
<th>Domestic Violence Hotline</th>
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<tr>
<td>808-257-7784 &amp; 257-8857</td>
<td>800-799-SAFE (7232)</td>
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SECOND STEP: COUNSELING

Family Advocacy Program (FAP)

In addition to Counseling Services, the Family Advocacy Program provides education, reporting, intervention and treatment of domestic

Our Family Advocacy Program has a highly-qualified, license professional staff available to provide counseling services at your request.

Family Advocacy professionals are also available to assist co-workers, briefings, and workshops to aid in domestic violence.

The MCBH Family Advocacy Program currently has numerous resources for individuals and families including videos, reading materials.

Family Advocacy Program
808-257-7780/81
Are you looking for information on how to give support to PDF “If Someone You Know Is Being Abused”

RESTRICTED VS. UNRESTRICTED REPORTING – What is It?

| Restricted Reporting | Unrestricted Reporting |

**NOTE:** If domestic or sexual abuse is disclosed to someone other Programs Clinical Counselor, or a Military Medicine contact (define notification and law enforcement investigation.

**What is Restricted Reporting?**
A victim may disclose domestic abuse to certain individuals without Program (FAP) notification and will still be able to access information. An adult eligible to receive military medical treatment may make a request to a spouse, former spouse, intimate partner or former intimate partner.

**NOTE:** If domestic or sexual abuse is disclosed to someone other Programs Clinical Counselor, or a Military Medicine contact (define notification and law enforcement investigation.

**Who do I go to for Restricted Reporting?**
FAP Victim Advocate: **808-216-7175 (24-Hour Hotline)**
Marine & Family Programs Clinical Counselors: 808-257-7781
Military Medicine – any person authorized to provide direct patient care know.

**Exceptions:**
- When there is an imminent threat to health or safety of the victim.
- When child abuse is suspected.
- When required for fitness for duty in disability retirement board.
- For supervision of direct victim treatment or services.
- When a military, federal, or state judge issues a subpoena.
- When required by federal or state statute or applicable internet.

Victims of domestic abuse who want to pursue an official investigation through channels, PMO/Law enforcement, Chain of Command, Chaplain, Family Advocacy Program, or a domestic abuse incident, victim advocacy services and FAP cli
Additional Resources

Domestic Violence Action Center Hawaii (DVAC)
National Domestic Violence Hotline

Groups, Classes & Workshops

Cage the Rage: Anger Management Class
All of us suffer from stress at some level. The Cage the Rage series helps you understand and control anger. Classes are ongoing, with six sessions. Orientation is required prior to your first class.
Class: Every Tuesday
Bldg. #216, 0900 - 1100
Orientation: Every Tuesday
Bldg. #216, 0800 - 0900

Marriage Skills Workshop
Presented every month, this couples workshop explains the fundamentals of marriage and family. Subjects include couples communication, budgeting and financial planning, and much more. Spouses and fiancés are highly encouraged to attend.
Class: Third Wednesday of every month
Bldg. #219, Classroom 3 - 0815 - 1600

Building Healthy Relationships
This eight-session, psycho-educational group develops knowledge and skills in personal relationships. You will learn the importance of respect, giving and receiving honest feedback, good communication, listening, stress management, conflict resolution and more. Open enrollment, no classes are missed. Each session targets a different subject.
Class: Every Thursday
Bldg. #216, 0900 - 1100 or 1300 - 1500
Orientation: Every Tuesday
Bldg. #216, 0800 - 0900

Prevention & Relationship Enhancement Program (PREP)
PREP is a one-day couples communication and problem-solving workshop. Participants receive a copy of the book “Fighting for Your Marriage,” two-part seminar, speaker/listener technique floor tile. Materials and lunch are provided.
Location: Base Chapel
Phone: 808-257-3552

Chaplain’s Religious Enrichment Development Operation (CREDO)